Sample Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Toasted Oat Cereal	Raisin Bran Cereal	Oatmeal	Frosted Flakes Cereal	Crisp Rice Cereal	Honey Nut Oat Cereal	Honey Nut Oat
English Muffin	Cinnamon Bread	Banana Muffin	Buttermilk Biscuit	Bran Muffin	Whole Wheat Bread	Whole Wheat Bread
Jelly	Margarine	Margarine	Jelly	Margarine	Margarine	Margarine
Raisins	Applesauce Cup	Mixed Fruit Cup	Peach Cup	Pineapple Cup	Pear Cup	Pear Cup
Nutrish Milk	Nutrish Milk	Nutrish Milk	Nutrish Milk	Nutrish Milk	Nutrish Milk	Nutrish Milk
Graham Crackers	Toast Crackers	Fig Bar	Vanilla Goldfish Grahams	Apple Oatmeal Bar	Cheese Crackers	Cheese Crackers
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Corn Flakes Cereal	Raisin Bran Cereal	Grits Waffles	Bran Flakes Cereal	Frosted Flakes Cereal	Oatmeal	Complete Bran Cereal
Bran Muffin	Banana Muffin	Syrup	English Muffin	Cinnamon Bread	Whole Wheat Bread	Cinnamon Raisin Bagel
Margarine	Margarine	Margarine	Jelly	Margarine	Jelly	Margarine
Pineapple Cup	Peach Cup	Strawberry Applesauce	Mixed Fruit Cup	Pear cup	Raisins	Applesauce Cup
Nutrish Milk	Nutrish Milk	Cup	Nutrish Milk	Nutrish Milk	Nutrish Milk	Nutrish Milk
Apple Oatmeal Bar	Honey Goldfish Grahams	Nutrish Milk Blueberry Cereal Bar	Cheese Crackers	Strawberry Cereal Bar	Fig Bar	Toast Crackers
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Oatmeal	Bran Flakes Cereal	Corn Flakes Cereal	Toasted Oat Cereal	Frosted Flakes Cereal	Raisin Bran Cereal	Complete Bran Cereal
Buttermilk Biscuit	Pancakes	Banana Muffin	Bran Muffin	Whole Wheat Bread	English Muffin	Cinnamon Bread
Margarine	Syrup	Margarine	Margarine	Jelly	Jelly	Margarine
Pear Cup	Margarine	Strawberry Applesauce	Raisins	Applesauce Cup	Mixed Fruit Cup	Peach cup
Nutrish Milk	Pineapple cup	Cup	Nutrish Milk	Nutrish Milk	Nutrish Milk	Nutrish Milk
Brown Sugar Oatmeal	Nutrish Milk	Nutrish Milk	Goldfish Crackers	Vanilla Goldfish Grahams	Apple Cereal Bar	Toast Crackers
Bar	Fig Bar	Toast Crackers				
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Crisp Rice Cereal	Grits	Special K Cereal	Raisin Bran Cereal	Frosted Flakes Cereal	Bran Flakes Cereal	Complete Bran Cereal
Banana Muffin	Whole Wheat	Bran Muffin	English Muffin	Whole Wheat Bread	Buttermilk Biscuit	Cinnamon Bread
Margarine	Bread	Margarine	Jelly	Jelly	Jelly	Margarine
Mixed Fruit Cup	Jelly	Pineapple Cup	Applesauce Cup	Applesauce Cup	Raisins Nutrish Milk	Peach cup
Nutrish Milk	Strawberry	Nutrish Milk	Nutrish Milk	Nutrish Milk	Goldfish Crackers	Nutrish Milk
Blueberry Cereal Bar	Applesauce Cup Nutrish Milk Cheese Crackers	Apple Oatmeal Bar	Fig Bar	Vanilla Goldfish Grahams		Toast Crackers