

## Sample Lunch/Dinner Menus

(weekend meals will be similar to weekday meals)

Monday	Tuesday	Wednesday	Thursday	Friday
Meatloaf/Tomato Sauce Rutabagas Lima Beans Wheat Roll Margarine Blended Juice Milk	Western Rice & Beans Diced Apples Green Beans Wheat Bread Margarine Mini Chocolate Moon Pie Milk	BBQ Beef Diced Potatoes Mixed Vegetables Hamburger Bun Margarine Orange Juice Milk	Baked Chicken Broccoli Black Eyed Peas Wheat Bread Margarine Vanilla Crème Cookies Milk	BBQ Rib Patty Sweet Potato Casserole Green Peas Wheat Bread Margarine Orange Pineapple Juice Milk
Spaghetti/Meatballs Green Beans Cinnamon Apple sauce Wheat Bread Margarine Orange Pineapple Juice Milk	Italian Battered Fish Broccoli/Cheese Lima Beans Wheat Bread – 2 Margarine Chocolate Chip Crème Cookie Milk	Char Steak Loaded Potato Brussel Sprouts Wheat Bread Margarine Oatmeal Crème Cookie Milk	Chicken Parmesan Capri Vegetables Whipped Potatoes Wheat Bread Margarine Diced Peach Cup Milk	Veal Patty Mixed Greens Blackeyed Peas Wheat Roll Margarine Orange Juice Milk
Meatballs/Rice & Gravy Peas & Carrots Lima Beans Wheat Bread Margarine Orange Juice Milk	BBQ Chicken Breast Diced Sweet Potatoes Broccoli Wheat Bread Margarine Fudge Round Grape Juice Milk	Beef Patty/Onion Gravy Whipped Potatoes Capri Vegetables Wheat Bread Margarine Peanut Butter Cookie Milk	Red Beans & Rice/Sausage Cabbage Carrots Wheat Roll Margarine Raisin Crème Cookie Milk	Chicken & Bean Burrito/Cheese Sauce Mexicorn Applesauce Wheat Bread Margarine Blended Juice Milk
BBQ Chicken Ribs Sweet Potato Patty Lima Beans Wheat Bread Margarine Orange Pineapple Juice Milk	Breaded Pork Patty Rutabagas Spinach Wheat Bread Margarine Apple Spice Cookie Milk	Beef Stew Diced Potatoes Apple Dessert Wheat Roll Margarine Maple Crème Pie Milk	Chicken Patty Baked Beans Mixed Vegetables Hamburger Bun Margarine Orange Juice Milk	Pot Roast/Vegetables Whipped Potatoes Green Peas Wheat Bread Margarine Sugar Cookie Milk
Chicken Breast/Rice & Gravy Carrots Green Peas Wheat Roll Margarine Blended Juice Milk	Grilled Pork Patty Diced Apples Spinach Wheat Bread Margarine Fig Bar Milk	Oven Fried Chicken Corn Broccoli Wheat Bread Margarine Mixed Fruit Cup Milk	Steak Fingers Mixed Greens Blackeyed Peas Wheat Roll Margarine Orange Juice Milk	Sausage Pizza Broccoli Corn Wheat Bread Margarine Chocolate Crème Cookies Milk

SAMPLE MENUS