

ADMINISTRATION

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Senior Companion/
R.E.L.I.E.F. Programs

Ronnie Gonzalez
Director, Retired and
Senior Volunteer Program



ADDITIONAL CAREGIVER SUPPORT GROUPS

Council on Aging of West Florida has increased its number of support groups to serve more caregivers and communities throughout Escambia and Santa Rosa Counties. The monthly support groups, now offered in Century, Gulf Breeze, Milton, Navarre and Pensacola, are designed to reduce stress,

increase coping skills, provide strategies for effective management of caregiving task and enable caregivers to provide high-quality care in the home. The groups offer support to all caregivers, regardless of the condition or illness of the person being cared for, including grandparents caring for/raising grandchildren or relatives caring for a disabled adult. Attendance is free and new members are welcome to join any group at any time. For more information on schedules and locations, please call 432-1475 or visit www.coawfla.org.

FAITH-BASED COALITION

Council on Aging of West Florida established a coalition of faith-based organizations and churches in Escambia and Santa Rosa Counties to identify ways that the faith community could work together to meet the many challenges facing elders.

Following a series of community meetings, the coalition established as priorities: transportation, inter-church communication, health and caregiver issues, abuse/exploitation, socialization, and emergency response systems. Subcommittees for each priority area are now establishing their respective goals and how best to meet those goals.

NEW SENIOR CENTER IN SANTA ROSA COUNTY

Santa Rosa County was awarded a grant from the Florida Department of Elder Affairs for the purpose of constructing a small building

adjacent to its Bagdad Community Center. This new building and the existing center will enable Santa Rosa County to offer residents a multi-purpose senior center operated by the Council on Aging of West Florida. The new building will also house the Santa Rosa County staff of the Council on Aging of West Florida.



EST. 1972

Location: 875 Royce Street • **Mailing Address:** P. O. Box 17066
Pensacola, FL 32522-7066 • (850) 432-1475
Florida Relay 711 • info@coawfla.org • www.coawfla.org

Council on Aging of West Florida, Inc. is a 501(c)(3) not-for-profit corporation funded in part by grants and/or contracts with the Northwest Florida Area Agency on Aging, Inc., the State of Florida Department of Elder Affairs, the State of Florida Department of Children and Families, United Way of Escambia County and the Corporation for National Services. The Council on Aging also receives financial support from the City of Pensacola, Escambia County, Santa Rosa County and area businesses, organizations and individuals. 100% of donations go to the Council on Aging of West Florida, Inc. Solicitation of Contributions Actregistration # CH817.

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. 1-800-435-7352

ADVOCACY | COMPASSION | EXCELLENCE | INTEGRITY | RESPECT | VISION

2008-2009 COUNCIL ON AGING OF WEST FLORIDA, INC. Annual Report



*Leading the community in advocacy and services
for the aging and those involved in their lives.*

Serving Escambia and Santa Rosa County Seniors and Their Families



EST. 1972

**COUNCIL ON AGING
OF WEST FLORIDA
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President/CEO
John B. Clark



**MESSAGE FROM
THE BOARD CHAIR**



My two years as Chair of the Council on Aging of West Florida seem to have gone by so quickly. It has been rewarding, memorable and enjoyable because the Council on Aging has continued to touch

the lives of thousands of frail, low income elders and, in many cases, their caregivers, as we assist them in remaining independent in their own homes and avoid much more costly institutional care. We were able to do this through the many programs described in this report. So please take some time to look at the report to see what we have been able to accomplish with your support.

Admittedly, there have been challenges over the past two years. Our governmental funders at all levels have experienced revenue shortfalls because of our state and national economic downturn. Of course, these budget shortfalls impacted the programs of the Council on Aging. The Board and staff worked diligently to make necessary personnel and program changes that would have the least impact on the people we serve. Unfortunately, over 20,000 elders statewide and some 2,000 locally remain on waiting lists for services. These are significant numbers which we should bear in mind as we move into this next year.

While we have always depended on strong financial support from the private sector, these past two years have seen some very positive results. The Cantonment Rotary Club donated the funds to purchase a new handicapped accessible van which was desperately needed. Our most recent calendar fundraising project raised more money than ever before. The Panhandle Charitable Open which raises funds for our volunteer program and many other fundraising efforts also exceeded expectations. As you can see, even during our challenging

times, the community has stepped forward to help us to continue to meet the needs of our seniors. At the same time, the state recently released funding which is enabling us to add services to those qualified residents in Escambia and Santa Rosa Counties who are in danger of being placed in institutions. The Council was also awarded federal funds through the American Recovery and Reinvestment Act (ARRA), known as the stimulus bill, which will enable us to serve more elders through our nutrition programs, Meals on Wheels and Congregate Meals, in both Escambia and Santa Rosa Counties. Through a grant from the Department of Elder Affairs and the Santa Rosa Board of County Commissioners, Locklin Technical Institute in Santa Rosa County is working on the completion of a building which will serve as the agency's case management office in Bagdad. This was made possible by a grant from the Department of Elder Affairs and the Santa Rosa Board of County Commissioners. We are anticipating that this will be completed in early 2010. We were also pleased that our application to become an affiliate member of the United Way of Santa Rosa County was recently approved. This will assist the Council on Aging in delivering programs in Santa Rosa County.

While there will always be more to do, we celebrate our accomplishments and thank our many supporters and partners who made them possible. We thank our volunteers who gave generously of their time and talents in so many ways. We thank our governmental funders and partners; the Northwest Florida Area Agency on Aging/Aging Resource Center, the Florida Department of Elder Affairs, the Corporation for National and Community Service, the City of Pensacola, the Escambia and Santa Rosa Boards of County Commissioners and United Way of Escambia County. We thank our many donors, sponsors and members whose financial support significantly contributed to our program operations. And, of course, we thank our Board of Directors and our dedicated staff. We are so grateful to all of you.

Sincerely,
Sue Straughn

STATEMENT OF FINANCIAL POSITION

December 31, 2008

ASSETS

Cash And Cash Equivalents	\$192,897
Investments	\$115,120
Grant And Local Support Receivable.....	\$522,219
Prepaid Expenses	\$7,234
Property And Equipment, Net.....	\$901,690
Other Assets.....	\$11,500
Total Assets.....	\$1,750,660

LIABILITIES AND NET ASSETS

Current Portion Of Long-Term Debt	\$21,115
Accounts Payable.....	\$476,959
Accrued Liabilities	\$152,468
Refundable Advances	\$11,008
Other Current Liabilities.....	\$14,774
Long-Term Debt.....	\$344,709
Net Assets	\$729,627
Total Liabilities and Net Assets.....	\$1,750,660

Please visit www.coawfla.org to view our most recently audited financial statements and tax returns.



EXPANSION OF CONGREGATE MEAL PROGRAM

Council on Aging of West Florida has expanded its congregate meal sites in both counties. Congregate meal sites are neighborhood-based programs that offer those 60 and older the opportunity to share a hot, nutritious, balanced noontime meal and socialize with others their age. The new sites are the Bagdad Community Center, 4591 School Street, the Chumuckla Community Center, 2355 Highway 182-W and the Fricker Community Center, 900 "F" Street in Pensacola. Council on Aging of West Florida also provides regularly scheduled recreation and activities at the centers.

For a complete list of sites throughout Escambia and Santa Rosa Counties, serving times and hours of recreation and activities, call 432-1475 or visit www.coawfla.org.

PRIMARY SERVICES

Adult Day Health Care Center

The only licensed adult day health care center in Northwest Florida. The center provides relief for caregivers and a protective environment for seniors with physical and cognitive impairments.

Caregiver Support Groups and Training Sessions

Programs designed to reduce stress, increase coping skills and provide strategies for effective management of caregiving tasks that enable caregivers to provide high quality care in the home.

Case Management

Links clients and community resources to make independent living possible.

Congregate Meals

Hot, nutritious balanced lunches served to adults age 60 and older at numerous locations throughout Escambia and Santa Rosa Counties.

Foster Grandparent Program

Provides opportunities for income eligible seniors age 60 and older to mentor children in a school environment. Benefits include a tax-free stipend.

Meals-on-Wheels

Balanced meals are home delivered throughout Escambia and Santa Rosa Counties.

Retired and Senior Volunteer Program

Provides community volunteer opportunities for those age 55 and older.

Rural Services

Council on Aging operates senior centers in Cantonment and Century. Both serve as hubs of activity and assistance for seniors in these areas.

Senior Companion and RELIEF Programs

Provide opportunities for income eligible seniors age 60 and older to help their peers live independently.

FACTS AT A GLANCE

Social Services
Seniors Assisted-1,949

Community Services
Meals on Wheels
Recipients Served-657
Meals Served-121,988

Congregate Meals
Participants Served-1,015
Meals Served-81,640

Foster Grandparent Program
Foster Grandparents-64
Students Mentored-192
Total Hours-55,176

Senior Companion and RELIEF Programs
Seniors Companions-76
Peers Served-79
Total Hours-40,840

Adult Day Health Care
Participants Served 66

Retired & Senior Volunteer Program
Volunteers-707
Organizations Served-44
Total Hours-111,619

Council on Aging Volunteers
Volunteers-338
Seniors Served-807
Total Hours-15,352