




















Santa Rosa Senior Dining Site Activities - January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Corporation for NATIONAL & COMMUNITY SERVICE</p>	<p>CLOSED</p> <p><i>Happy New Year!</i></p>	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Exercises, Bingo, Music 5) Music, Games</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Exercises, Music, Volleyball 4, 6) Games 5) Wii Bowling</p> <p>7) Tai Chi</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 4) Games 3) Exercises, Bingo, Music 4) Bingo 6) Bingo, Games</p> <p>7) Games, Puzzles</p> 
<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 5) Bingo, Music, Exercises 5, 7) Games, Word Search 6) Games 7) Bingo</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Dance, Music, Crafts w/ Margaret 5) Dance / Greek Yoga 7) Tai Chi</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Exercises, Bingo, Music 5) Music, Games</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Exercise, Music, Volleyball 4) Exercises, Games 5) Wii Bowling 6) Games</p> <p>7) Tai Chi</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Exercises, Music 4) Bingo 6) Bingo, Games 7) Games, Puzzles</p> 
<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 5) Bingo, Music, Exercises 5, 7) Games, Word Search 6) Games 7) Bingo</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 4) Exercises 5) Dance / Greek Yoga 6) Games 7) Tai Chi, Games</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 6) Games 3) Exercises, Bingo, Music 4) Mission In Motion</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Exercises, Music, Volleyball 4, 6) Games 5) Speaker: ABUSE, Wii Bowling 7) Tai Chi</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 4, 6) Games 3) Exercises, Bingo, Music 4, 6) Bingo 7) Games, Puzzles</p> 
<p>CLOSED</p> <p>MARTIN LUTHER KING JR. Day</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 4) Exercises, Crafts w/ Margaret 5) Dance / Greek Yoga 6) Games 7) Tai Chi, Games</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Crafts w/ Margaret, Bingo, Games 3) Exercises, Bingo, Music 5) Music, Games 7) Games</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Exercises, Music, Volleyball 4, 6) Games 5) Wii Bowling</p> <p>7) Tai Chi</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 4) Games 3) Exercises, Bingo, Music 4) Bingo 6) Bingo, Games</p> <p>7) Games, Puzzles</p> 
<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Music 5, 6, 7) Games 7) Bingo</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Dance, Music 4) Exercises 5) Dance / Greek Yoga 6) Games</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Exercises, Bingo, Music 5) Music, Games 7) Games</p> 	<p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Exercises, Music, Volleyball 4, 6) Games 5) Wii Bowling</p> <p>7) Tai Chi</p> 	<p>Northwest Florida Area Agency on Aging, Inc.</p> <p>"Improving the quality of life for elders" since 1979</p> 

SANTA ROSA COUNTY

Site 1

Christ United Methodist Church
5983 Dogwood St.
Milton, FL 32570
(850) 983-4590

Site 3

Chumuckla Community Center
2355 Hwy 182 West
Jay, FL 32565
(850) 994-8811

Site 4

First United Methodist Church of Pace
4540 Chumuckla Hwy
Pace, FL 32571
(850) 995-3795

Site 5

E.H. Pullum Senior Center
8476 Gordon Goodin Ln.
Navarre, FL 32566
Open Monday - Thursday
(850) 936-1644

Site 6

Jay Community Center
5259 Booker Ln.
Jay, FL 32565
(850) 675-0810

Site 7

Bagdad Community Center
6860 Pooley St.
Bagdad, FL 32530
(850) 983-4500

CAREGIVER SUPPORT GROUPS

Pensacola

Alzheimer's Family Services
January 15th 2:30 PM
875 Royce St.
Jessica at (850) 266-2503
to arrange onsite respite.

January 31st 6:00 PM
Council on Aging of West FL
875 Royce St.

January 31st 9:00 AM
Myrtle Grove Baptist Church
5920 Lillian Hwy.

Grandparents Raising Grandchildren

January 10th 6:00 PM
Council On Aging of West Florida
875 Royce St.
Pensacola, FL
Reservations Required
432-1475

January 9th 9:30 AM
Holly - Navarre
Intermediate School
1936 Navarre School Rd

Huntington Disease Support Group

January 12th 10:00 AM
Council On Aging of West Florida
875 Royce St. Pensacola, FL

