

Santa Rosa Senior Dining Site Activities - December 2018

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>3</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 4) Speaker: Susan Clark 5) Bingo, Music, Exercises 6) Games</p> <p>3) Music 7) Bingo</p>  | <p>4</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Dance, Music 4) Exercises 5) Dance / Greek Yoga 7) Tai Chi</p>  | <p>5</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Speaker: Susan Clark, Bingo, Games 3) Exercises, Bingo, Music 5) Music, Games</p>  | <p>6</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Exercises, Music, Volleyball 4, 6) Games 5) Wii Bowling 7) Tai Chi</p>  | <p>7</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 4) Games 3) Exercises, Bingo, Music 4) Bingo 6) Bingo, Games 7) Games, Puzzles</p>  |
| <p>10</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 5) Bingo, Music, Exercises 6) Games 7) Bingo, Crafts w/ Margaret</p> <p>3) Music</p>  | <p>11</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Speaker: Susan Clark, Dance, Music 4) Exercises, Speaker: Humana 5) Dance / Greek Yoga 7) Tai Chi</p>  | <p>12</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games, Goldie Lahr (singer) 3) Exercises, Bingo, Music 5) Music, Games</p>  | <p>13</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Exercise, Music, Volleyball 4) Exercises, Games 5) Wii Bowling 6) Games 7) Tai Chi</p>  | <p>14</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Exercises, Music 4) Bingo 6) Bingo, Games 7) Games, Puzzles, Speaker: Humana</p>  |
| <p>17</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1, 7) Reading 5) Bingo, Music, Exercises 6) Games 7) Bingo</p> <p>3) Music</p>  | <p>18</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1, 7) Reading 3) Dance, Music 5) Dance / Greek Yoga 6) Games 7) Tai Chi, Games</p> <p>1) Speaker: Humana 4) Exercises</p>  | <p>19</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1, 7) Reading 3) Exercises, Bingo, Music 5) Bingo, Music 6) Speaker: Humana 7) Speaker: Susan Clark</p> <p>1, 6) Games</p>  | <p>20</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1, 7) Reading 3) Speaker: Humana, Exercise, Music, Volleyball 5) Wii Bowling 7) Tai Chi</p> <p>1) Bingo, Games 4, 6) Games</p>  | <p>21</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 4, 6) Games 3) Exercises, Bingo, Music, Christmas Party 4, 6) Bingo 7) Games, Puzzles</p>  |
| <p>24</p> <p>CLOSED</p> | <p>25</p> <p>HOLIDAY</p>  | <p>26</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1, 7) Reading 1) Bingo, Games 3) Exercises, Bingo, Music 5) Music, Games 7) Games</p>  | <p>27</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1, 7) Reading 1) Bingo, Games 3) Exercise, Music, Volleyball 4, 6) Games 5) Wii Bowling 7) Tai Chi</p>  | <p>28</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 4) Games 3) Exercises, Bingo, Music 4) Bingo 6) Bingo, Games 7) Games, Puzzles</p>  |
| <p>31</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1, 7) Reading 3) Music, New Years Party 5) Music, Exercises 6) Games 7) Bingo</p>  |  <p>Corporation for NATIONAL & COMMUNITY SERVICE</p> |  <p>Northwest Florida Area Agency on Aging, Inc. "Improving the quality of life for elders" since 1979</p>  <p>DEPARTMENT OF ELDER AFFAIRS STATE OF FLORIDA</p> | | |

SANTA ROSA COUNTY

Site 1

Christ United Methodist Church
5983 Dogwood St.
Milton, FL 32570
(850) 983-4590

Site 3

Chumuckla Community Center
2355 Hwy 182 West
Jay, FL 32565
(850) 994-8811

Site 4

First United Methodist Church of Pace
4540 Chumuckla Hwy
Pace, FL 32571
(850) 995-3795

Site 5

E.H. Pullum Senior Center
8476 Gordon Goodin Ln.
Navarre, FL 32566
Open Monday - Thursday
(850) 936-1644

Site 6

Jay Community Center
5259 Booker Ln.
Jay, FL 32565
(850) 675-0810

Site 7

Bagdad Community Center
6860 Pooley St.
Bagdad, FL 32530
(850) 983-4500

CAREGIVER SUPPORT GROUPS

Pensacola

Alzheimer's Family Services
December 18th 2:30 PM
875 Royce St.
Jessica at (850) 266-2503
to arrange onsite respite.

December 27th 6:00 PM
Council on Aging of West FL
875 Royce St.

NO Meetings Nov & Dec
Myrtle Grove Baptist Church
5920 Lillian Hwy.

Grandparents Raising Grandchildren

December 13th 6:00 PM
Council On Aging of West Florida
875 Royce St.
Pensacola, FL
Reservations Required
432-1475

December 12th 9:30 AM
Holly - Navarre
Intermediate School
1936 Navarre School Rd

