

Santa Rosa Senior Dining Site Activities - June 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6/14 Father's Day</p> 	 <p>Northwest Florida Area Agency on Aging, Inc.</p> <p>"Improving the quality of life for elders" since 1979</p>	 <p>Corporation for NATIONAL & COMMUNITY SERVICE</p>		
<p>3</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Music 5) Music, Exercises 5, 7) Games, Word Search, Bingo 6) Games</p> 	<p>4</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Speaker: FGP / SCP 3) Speaker: Nutrition 6) Speaker: Legal Services 7) Tai Chi</p> 	<p>5</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Exercises, Bingo, Music 4) Speaker: Nutrition 5) Music, Games</p> 	<p>6</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games, Speaker: Nutrition 3) Exercises, Music, Volleyball 4, 6) Exercises, Games 5) Wii Bowling 7) Tai Chi</p> 	<p>7</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 4, 6) Bingo, Games 3) Exercises, Bingo, Music 7) Games, Puzzles</p> 
<p>10</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Music 5) Music, Exercises 5, 7) Games, Word Search, Bingo 6) Games 7) Mission in Motion 9-11:30</p> 	<p>11</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Mission in Motion 9-11:30 5) Dance, Greek Yoga 6) Games, Speaker: Nutrition 7) Tai Chi, Games</p> 	<p>12</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Exercises, Bingo, Music 5) Music, Games</p> 	<p>13</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Exercises, Music, Volleyball 4, 6) Exercises, Games 5) Wii Bowling 7) Tai Chi</p> 	<p>14</p> <p>Flag Day</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 4, 6) Bingo, Games 3) Exercises, Bingo, Music 7) Games, Puzzles</p> <p>World Elder Abuse Awareness Day 9-12:30 Studer Bldg.</p> 
<p>17</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Music 5) Music, Exercises 5, 7) Games, Word Search, Bingo 6) Games</p> 	<p>18</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 5) Dance, Greek Yoga 6) Speaker: Nutrition 7) Tai Chi, Games</p> 	<p>19</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Exercises, Bingo, Music 5) Music, Games 7) Speaker: Nutrition</p> 	<p>20</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Crafts w/ MJ, Exercises, Music, Volleyball 4, 6) Exercises, Games 5) Wii Bowling, Speaker: Nutrition 7) Tai Chi</p> 	<p>21</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 4, 6) Bingo, Games 3) Exercises, Bingo, Music 7) Games, Puzzles</p> <p>"The Longest Day" ~ Fund Raiser Alzheimer Research ~ Homestead Village</p> 
<p>24</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 3) Music 5) Music, Exercises 5, 7) Games, Word Search, Bingo 6) Games</p> 	<p>25</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 2) Crafts w/ Margaret 5) Dance, Greek Yoga 6) Games 7) Tai Chi, Games</p> 	<p>26</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 3) Exercises, Bingo, Music 5) Mission In Motion 9-11:30, Music 7) Crafts w/ Margaret</p> 	<p>27</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1) Bingo, Games 2) Speaker: Nutrition 3) Exercises, Music, Volleyball 4, 6) Exercises, Games 5) Wii Bowling 7) Tai Chi</p> 	<p>28</p> <p>ALL SITES OPEN M-F 9:00-12:00, except Navarre M-TH 9:00-12:00</p> <p>1-7) Reading 1, 4, 6) Bingo, Games 3) Exercises, Bingo, Music 7) Games, Puzzles</p> 

SANTA ROSA COUNTY

Site 1

Christ United Methodist Church
5983 Dogwood St.
Milton, FL 32570
(850) 983-4590

Site 2

Milton Community Center
5629 Byrom St.
Milton, FL. 32570
(850) 983-5466

Site 3

Chumuckla Community Center
2355 Hwy 182 West
Jay, FL. 32565
(850) 994-8811

Site 4

First United Methodist Church of Pace
4540 Chumuckla Hwy
Pace, FL 32571
(850) 995-3795

Site 5

E.H. Pullum Senior Center
8476 Gordon Goodin Ln.
Navarre, FL 32566
Open Monday - Thursday
(850) 936-1644

Site 6

Jay Community Center
5259 Booker Ln.
Jay, FL 32565
(850) 675-0810

Site 7

Bagdad Community Center
6860 Pooley St.
Bagdad, FL 32530
(850) 983-4500

CAREGIVER SUPPORT GROUPS

Pensacola

Alzheimer's Family Services
June 18th 2:30 PM
875 Royce St.
Jessica at (850) 266-2503
to arrange onsite respite.

June 27th 9:00 AM
Myrtle Grove Baptist Church
5920 Lillian Hwy.

Grandparents Raising Grandchildren

June 13th 6:00 PM
Council On Aging of West Florida
875 Royce St.
Pensacola, FL
Reservations Required
432-1475

NO Meetings June, July, August

Holly - Navarre Intermediate School
1936 Navarre School Rd

Huntington Disease Family Support Group

June 8th 10:00 AM
Council On Aging of West Florida

