## Santa Rosa County Senior Dining Sites & Activities

## May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
AmeriCorps Seniors United Way	NORTHWEST FLORIDA AREA AGENCY on Aging	Elder Affairs FLORIDA	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi	I,3,5,7 Mon-Fri Open for SIT DOWN Meals
I,3,5,7 Mon-Fri Open for SIT DOWN Meals	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 3) Art Class 7) Tai Chi	I,3,5,7  Mon-Fri  Open for SIT DOWN Meals  I) Speaker: Feeding the Gulf Coast  "Rethink Your Drink"	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi	I,3,5,7 Mon-Fri Open for SIT DOWN Meals
1,3,5,7 Mon-Fri Open for SIT DOWN Meals	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 3) Art Class 7) Tai Chi	I,3,5,7 Mon-Fri <i>Open for SIT DOWN</i> Meals	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi 3) Speaker: Kat Greer Legal Services of North FL— Landlord, tenant issues.	I,3,5,7 Mon-Fri <i>Open for SIT DOWN</i> Meals
1,3,5,7 Mon-Fri Open for SIT DOWN Meals	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 3) Art Class 7) Tai Chi I) Trivia with MJ	I,3,5,7 Mon-Fri Open for SIT DOWN Meals	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi	I,3,5,7 Mon-Fri Open for SIT DOWN Meals
* * * * * *  MEMORIAL DAY HONORING ALL WHO SERVED  CLOSED	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 3) Art Class 7) Tai Chi	1,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Speaker: Feeding the Gulf Coast "Rethink Your Drink"	I,3,5,7 Mon-Fri Open for SIT DOWN Meals 7) Tai Chi 3) Speaker: Dawn Dorman Ochsner—How to Stretch Your Grocery Dollar	I,3,5,7 Mon-Fri Open for SIT DOWN Meals



## **Senior Dining Sites**

Site 1 **Christ Methodist** 5983 Dogwood St. Milton, FL 32570 (850) 426-8110 **Meal Serve Time 11:00** 

Site 3 **Chumuckla Community Center** 2355 Hwy 182 West Jay, FL 32565 (850) 994-8811 **Meal Serve Time 11:00** 

Site 5 E. H. Pullum Senior Center 8476 Gordon Goodin Ln. Navarre, FL 32566 (850) 936-1644 Open Monday—Thursday **Meal Serve Time 11:00** 

Site 7 **Bagdad Community Center** 6860 Pooley St. Bagdad, FL 32530 (850) 983-4500 Meal Serve Time 11:00

## **Support Group Meetings**

Council On Aging of West Florida 875 Royce St. Pensacola, FL 32503 Second Thursday each month May 8 @ 6:00 p.m. (850) 432-1475

**Caregiver Support Group** Myrtle Grove Baptist Church 5920 Lillian Hwy. Pensacola, FL 32506 Last Thursday each month May 29 @ 9:00 a.m.

**Grandparents Raising Grandchildren** Huntington's Disease **Family Support Group** Council On Aging of West Florida 875 Royce St. Pensacola, FL 32503 June (TBD) @ 10 a.m. (850) 432-1475

> **Support Group** Ochsner Novant 65 Plus 1095 E. Nine Mile Road Pensacola, FL 32514 For more information, call (850) 558-4665. May 5 @ 5:45 p.m.

When Roles Are Reversed