Santa Rosa County Senior Dining Sites & Activities

OCTOBER 2025

COUNCIL ON AGING OF WEST FLORIDA, INC.

Monday	Tuesday	Wednesday	Thursday	Friday
AmeriCorps Seniors United Way	NORTHWEST FLORIDA AREA AGENCY on Aging Elder Affairs FLORIDA	I,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals	I,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals 7) Tai Chi	CLOSED
CLOSED	I,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals I) Speaker: Will Wirth Better Business Bureau 3) Art Class 7) Tai Chi 7) Synovus Topic: Fraud	I,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals	I,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals 7) Tai Chi	CLOSED
CLOSED	I,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals I) Feeding the Gulf Coast 3) Art Class 7) Tai Chi	I,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals	I,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals 3) Synovus Topic: Fraud 7) Tai Chi 7) Speaker: Will Wirth Better Business Bureau	CLOSED
CLOSED	1,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals 1) Synovus Topic: Fraud 3) Art Class 7) Tai Chi	1,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals	I,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals 7) Tai Chi	CLOSED
CLOSED	1,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals 1) Senior Companion Program 3) Art Class 7) Tai Chi	1,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals	I,3,5,7 Tuesdays - Thursdays Open for SIT DOWN Meals 3) Feeding the Gulf Coast 7) Tai Chi	CLOSED

Senior Dining Sites

Site 1 Christ Methodist Church 5983 Dogwood St. Milton, FL 32570 (850) 426-8110

Meal Serve Time 11:00

Site 3
Chumuckla Community Center
2355 Hwy 182 West
Jay, FL 32565
(850) 994-8811
Meal Serve Time 11:00

Site 5
E. H. Pullum Senior Center
8476 Gordon Goodin Ln.
Navarre, FL 32566
(850) 936-1644
Open Monday—Thursday
Meal Serve Time 11:00

Site 7
Bagdad Community Center
6860 Pooley St.
Bagdad, FL 32530
(850) 983-4500
Meal Serve Time 11:00

Support Group Meetings

Grandparents Raising Grandchildren Council On Aging of West Florida 875 Royce St. Pensacola, FL 32503 850.432.1475 Second Thursday each month

October 9 @ 6:00 p.m. Reservations are required.

Caregiver Support Group
Myrtle Grove Baptist Church
5920 Lillian Hwy.
Pensacola, FL 32506
850.432.1475
Last Thursday each month
October 30 @ 9:00 a.m.

Huntington's Disease
Family Support Group
Council On Aging of West Florida
875 Royce St.
Pensacola, FL 32503
850.432.1475
October 18 @ 10:00 a.m.

Dementia Caregiver Support
Council On Aging of West Florida
875 Royce St.
Pensacola, FL 32503
850.432.1475
Second Thursday each month
October 9 @ 10:00 a.m.