

# Santa Rosa County Senior Dining Site Activities October 2021

Monday

Tuesday

Wednesday

Thursday

Friday

 <p>DEPARTMENT OF <b>ELDER AFFAIRS</b> STATE OF FLORIDA</p> <p>Northwest Florida Area Agency on Aging, Inc.</p> <p><i>"Improving the quality of life for elders" since 1979</i></p>	 	<p><b>OCTOBER Birthstone "Opal"</b></p>   <p><b>OCTOBER Flower "Marigold"</b></p>		<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p>
<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>1) Speaker: Nutrition 7) Tai Chi</p>	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>7) Speaker: Brain Boot Camp</p>	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>7) Tai Chi</p> 	<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p>  <p><i>I'm so glad I live in a world where there are Octobers.</i> Anne of Green Gables</p>
<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN</i></p>  <p><b>Columbus Day</b></p>	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>1) Speaker: Brain Boot Camp 7) Tai Chi</p>  <p><b>Harvest Moon</b></p>	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>1) Trivia w/ Margaret 3) Speaker: Brain Boot Camp 7) Tai Chi</p>	<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p>  <p><b>Boss's Day tomorrow!</b></p>
<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN</i></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>3) Speaker: Nutrition 5) Speaker: Brain Boot Camp 7) Tai Chi</p>	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>3) Speaker: SHINE 7) Speaker: Nutrition</p>	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>7) Tai Chi</p>	<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p>  <p><b>United Nations Day</b> 24 OCT</p>
<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>3) Trivia w/ Margaret 5) Speaker: Nutrition 7) Tai Chi</p>	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>7) Trivia w/ Margaret</p>	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>7) Tai Chi</p>	<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p>  <p><b>Happy 31st Halloween</b></p>

**SANTA ROSA COUNTY**

**Site 1**

Christ United Methodist Church  
5983 Dogwood St.  
Milton, FL 32570  
(850) 983-4590

Meal Serve Time 11:00

**Site 3**

Chumuckla Community Center  
2355 Hwy 182 West  
Jay, FL 32565  
(850) 994-8811

Meal Serve Time 11:00

**Site 5**

E.H. Pullum Senior Center  
8476 Gordon Goodin Ln.  
Navarre, FL 32566  
Open Monday - Thursday  
(850) 936-1644

Meal Serve Time 11:00

**Site 7**

Bagdad Community Center  
6860 Pooley St.  
Bagdad, FL 32530  
(850) 983-4500

Meal Serve Time 11:00

**CAREGIVER SUPORT GROUPS**

**October 28th 9:00 AM**  
Myrtle Grove Baptist Church  
5920 Lillian Hwy.

**Grandparents Raising Grandchildren**

**October 14th 6:00 PM**  
Council On Aging of West Florida  
875 Royce St.  
Pensacola, FL  
Reservations Required  
432-1475

**1st Thursday each month**

Holley – Navarre  
Intermediate School  
1936 Navarre School Rd  
**NO MEETING UNTIL FURTHER NOTICE**

**Huntington's Disease Family Support Group**

**October 16th 10:00 AM**  
875 Royce St.  
Pensacola, FL. 32505

