

Santa Rosa County Senior Dining Site Activities **July** 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>	<p>4</p> <p>HOLIDAY—CLOSED</p> 	<p>5</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>	<p>6</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 5) Speaker: CIL Amplified Phones</p>	<p>7</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>
<p>10</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN MEALS</i></p>	<p>11</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 1) Speaker: Adult Abuse Awareness 3) Art Class 7) Tai Chi</p>	<p>12</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>	<p>13</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Tai Chi 3) Speaker: Nutrition</p>	<p>14</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Free Mercy</p>
<p>17</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p> 	<p>18</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 1) Speaker: Nutrition 3) Art Class 7) Tai Chi</p>	<p>19</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Speaker: CIL Amplified Phones</p>	<p>20</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 5) Sp[ea]ker: Nutrition 7) Tai Chi</p>	<p>21</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p> 
<p>24</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>	<p>25</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Art</p>	<p>26</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Speaker: Nutrition</p>	<p>27</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 1) Speaker: CIL Amplified Phones 7) Tai Chi</p>	<p>28</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p> 
<p>31</p> <p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p> 	 <p>Northwest Florida Area Agency on Aging, Inc. <i>"Improving the quality of life for elders" since 1979</i></p>	 <p>DEPARTMENT OF ELDER AFFAIRS STATE OF FLORIDA</p>	 <p>AmeriCorps Seniors</p>	 <p>United Way</p>

Santa Rosa County

Site 1
Christ United Methodist
5983 Dogwood St.
Milton, FL 32570
Meal Serve Time 11:00

Suite 3
Chumuckla Community
Center
2355 Hwy 182 West
Jay, FL 32565
(850) 994-8811
Meal Serve Time 11:00

Site 5
E. H. Pullum Senior Center
8476 Gordon Goodin Ln.
Navarre, FL 32566
Open Monday—Thursday
(850) 936-1644
Meal Serve Time 11:00

Site 7
Bagdad Community Center
6860 Pooley St.
Bagdad, FL 32530
(850) 983-4500
Meal Serve Time 11:00

CAREGIVER SUPPORT GROUPS

July 27th 9:00 a.m.
Myrtle Grove Baptist
Church
5920 Lillian Hwy.

Grandparents Raising
Grandchildren
6:00 p.m. July 13th
Council On Aging of West
Florida
875 Royce St.
Pensacola, FL
Reservations Required
432-1475

1st Thursday each month
Holley – Navarre
Intermediate School
1936 Navarre School Rd
**NO MEETING
UNTIL FURTHER
NOTICE**

Huntington's Disease
Family Support Group

875 Royce St.
Pensacola, FL. 32505
August 19th 10:00 AM

