

Santa Rosa County Senior Dining Site

May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>MAY 1st MAY DAY</p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi <i>Open for SIT DOWN MEALS</i></p> <p>World Asthma Day - 3rd May</p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>7) Speaker: Nutrition</p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi <i>Open for SIT DOWN MEALS</i></p> <p>3) Activity w/ Margaret 5) Speaker: Nutrition</p> <p>NATIONAL DAY of PRAYER</p> 	<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p> <p>Happy Mother's Day 8th</p> 
<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>MAY MEMORIAL DAY</p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi <i>Open for SIT DOWN MEALS</i></p> <p>1) Speaker: Nutrition</p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>3) Speaker: C.I.L.</p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi <i>Open for SIT DOWN MEALS</i></p> <p>1) Speaker: Humana 3) Speaker: Nutrition</p> 	<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p> <p>KENTUCKY DERBY</p> 
<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi <i>Open for SIT DOWN MEALS</i></p> <p>1) Activity w/ Margaret</p> <p>WORLD Laughter Day</p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>7) Activity w/ Margaret</p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi <i>Open for SIT DOWN MEALS</i></p> <p>3) Speaker: Humana</p> <p>AMERICAN STROKE AWARENESS MONTH</p> 	<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p> <p>21st ARMED FORCES DAY</p> 
<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>Thank you nurses</p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi <i>Open for SIT DOWN MEALS</i></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs <i>Open for SIT DOWN MEALS</i></p> <p>7) Speaker: Humana</p> <p>25 MAY NATIONAL MISSING CHILDREN'S DAY</p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi <i>Open for SIT DOWN MEALS</i></p> 	<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p> <p>MAY</p> 
<p>HOLIDAY</p> <p>MEMORIAL DAY IN LOVING MEMORY OF THOSE WHO HAVE FALLEN</p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi <i>Open for SIT DOWN MEALS</i></p> 	<p>May Birthstone: Emerald</p>  <p>May Flower: Lily of Valley</p> 	<p>United Way</p>  <p>AmeriCorps Seniors</p> 	<p>DEPARTMENT OF ELDER AFFAIRS STATE OF FLORIDA</p> <p>Northwest Florida Area Agency on Aging, Inc.</p> <p><i>"Improving the quality of life for elders since 1979"</i></p> 

SANTA ROSA COUNTY

Site 1

Christ United Methodist Church
5983 Dogwood St.
Milton, FL 32570
(850) 983-4590

Meal Serve Time 11:00

Site 3

Chumuckla Community Center
2355 Hwy 182 West
Jay, FL 32565
(850) 994-8811

Meal Serve Time 11:00

Site 5

E.H. Pullum Senior Center
8476 Gordon Goodin Ln.
Navarre, FL 32566
Open Monday - Thursday
(850) 936-1644

Meal Serve Time 11:00

Site 7

Bagdad Community Center
6860 Pooley St.
Bagdad, FL 32530
(850) 983-4500

Meal Serve Time 11:00

CAREGIVER SUPPORT GROUPS

May 26th 9:00 AM
Myrtle Grove Baptist Church
5920 Lillian Hwy.
Pensacola, FL

Grandparents Raising Grandchildren

May 12th 6:00 PM
Council On Aging of West Florida
875 Royce St.
Pensacola, FL
Reservations Required
432-1475

1st Thursday each month

Holley – Navarre Intermediate School
1936 Navarre School Rd
NO MEETING UNTIL FURTHER NOTICE

Huntington's Disease Family Support Group

June 25th 2022
875 Royce St.
Pensacola, FL 32505

