

# Santa Rosa County Senior Dining Site



# 2022

Monday

Tuesday

Wednesday

Thursday

Friday

<p>July's Birthstone <b>Ruby</b></p>  <p><b>JULY</b> Birth Flower: <b>Water Lily</b></p> 	 	 		<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p> 
<p><b>HOLIDAY</b> 4</p> <p><b>4th JULY</b></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi</p>  <p><i>Open for SIT DOWN MEALS</i></p> <p>1) Speaker: CIGNA Getting Active</p>	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs</p> <p><i>Open for SIT DOWN MEALS</i></p>  <p><b>EAT Fried Chicken Day</b></p>	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi</p> <p><i>Open for SIT DOWN MEALS</i></p> <p>3) Art Class</p> <p><b>LIBERTY BELL DAY</b></p> 	<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p> <p><b>BLUE ANGELS Air Show 7/9-7/10</b></p> 
<p>1, 3, 7) Mon-Fri 5) Mon-Thurs</p> <p><i>Open for SIT DOWN MEALS</i></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi</p> <p><i>Open for SIT DOWN MEALS</i></p> <p>1) Speaker: Nutrition 5) Speaker: Dispose RX</p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs</p> <p><i>Open for SIT DOWN MEALS</i></p> <p>7) Speaker: Nutrition</p> <p><b>Graham Cracker Day</b></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi</p> <p><i>Open for SIT DOWN MEALS</i></p> <p>3) Art Class 5) Speaker: SHINE</p> <p><b>Teddy Bear Picnic Day!</b></p> 	<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p> <p><b>Celebrating RAIN Today!</b></p> 
<p>1, 3, 7) Mon-Fri 5) Mon-Thurs</p> <p><i>Open for SIT DOWN MEALS</i></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi</p> <p><i>Open for SIT DOWN MEALS</i></p> <p>1) Activity w/ Margaret 5) Speaker: Nutrition</p>	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs</p> <p><i>Open for SIT DOWN MEALS</i></p> <p>7) Speaker: CIGNA-Getting Active</p> <p><b>EAT AVOCADO DAY</b></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi</p> <p><i>Open for SIT DOWN MEALS</i></p> <p>3) Speaker: Nutrition, Art Class</p>	<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p> <p><b>GORGEOUS GRANDMA DAY July 23rd</b></p> 
<p>1, 3, 7) Mon-Fri 5) Mon-Thurs</p> <p><i>Open for SIT DOWN MEALS</i></p> <p><b>TELL AN OLD JOKE DAY</b></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi</p> <p><i>Open for SIT DOWN MEALS</i></p> <p><b>National PARENTS Day</b></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs</p> <p><i>Open for SIT DOWN MEALS</i></p> <p><b>BAG PIPE DAY</b></p> 	<p>1, 3, 7) Mon-Fri 5) Mon-Thurs 7) Tai Chi</p> <p><i>Open for SIT DOWN MEALS</i></p> <p>3) Art Class</p> 	<p>1, 3, 7) Mon-Fri <i>Open for SIT DOWN MEALS</i></p> <p><b>National CHILI DOG DAY</b></p> 

## SANTA ROSA COUNTY

### Site 1

Christ United Methodist Church  
5983 Dogwood St.  
Milton, FL 32570  
(850) 983-4590

**Meal Serve Time 11:00**

### Site 3

Chumuckla Community Center  
2355 Hwy 182 West  
Jay, FL 32565  
(850) 994-8811

**Meal Serve Time 11:00**

### Site 5

E.H. Pullum Senior Center  
8476 Gordon Goodin Ln.  
Navarre, FL 32566  
Open Monday - Thursday  
(850) 936-1644

**Meal Serve Time 11:00**

### Site 7

Bagdad Community Center  
6860 Pooley St.  
Bagdad, FL 32530  
(850) 983-4500

**Meal Serve Time 11:00**

## CAREGIVER SUPPORT GROUPS

**July 28th 9:00 AM**  
Myrtle Grove Baptist Church  
5920 Lillian Hwy.  
Pensacola, FL

## Grandparents Raising Grandchildren

**July 14th 6:00 PM**  
Council On Aging of West Florida  
875 Royce St.  
Pensacola, FL  
Reservations Required  
432-1475

## 1st Thursday each month

Holley – Navarre Intermediate School  
1936 Navarre School Rd  
**NO MEETING UNTIL FURTHER NOTICE**

## Huntington's Disease Family Support Group

NEXT MEETING  
**August, 2022**  
875 Royce St.  
Pensacola, FL 32505

