

# Santa Rosa County Senior Dining Site Activities

## November 2024



Monday

Tuesday

Wednesday

Thursday

Friday

				<p>1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>
<p>4 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>	<p>5 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Art Class 7) Tai Chi</p>	<p>6 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 1) Speaker: Dawn Dorman from Ochsner 65 Plus: Power of Positivity</p>	<p>7 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Tai Chi 3) Speaker: Karen Teamer from Center for Independent Living</p>	<p>8 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>
<p>11 HONORING ALL WHO SERVED <b>VETERANS DAY</b> UNITED STATES OF AMERICA CLOSED</p>	<p>12 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Art Class 7) Tai Chi</p>	<p>13 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Speaker: Grace Allen Homefit Guide 1) Speaker: Feeding the Gulf Coast</p>	<p>14 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Tai Chi</p>	<p>15 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>
<p>18 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 5) Speaker: Dawn Dorman from Ochsner 65 Plus - Power of Positivity</p>	<p>19 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Art Class 7) Tai Chi</p>	<p>20 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>	<p>21 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Tai Chi</p>	<p>22 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>
<p>25 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>	<p>26 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Art Class 7) Tai Chi</p>	<p>27 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i></p>	<p>28 HAPPY THANKSGIVING  CLOSED 28TH &amp; 29TH</p>	<p>29</p>

### Santa Rosa County Meal Sites

**Site 1**  
Christ United Methodist  
5983 Dogwood St.  
Milton, FL 32570  
(850) 426-8110  
**Meal Serve Time 11:00**

**Site 5**  
E. H. Pullum Senior Center  
8476 Gordon Goodin Ln.  
Navarre, FL 32566  
(850) 936-1644  
Open Monday—Thursday  
**Meal Serve Time 11:00**

**Site 3**  
Chumuckla Community Center  
2355 Hwy 182 West  
Jay, FL 32565  
(850) 994-8811  
**Meal Serve Time 11:00**

**Site 7**  
Bagdad Community Center  
6860 Pooley St.  
Bagdad, FL 32530  
(850) 983-4500  
**Meal Serve Time 11:00**

### Support Group Meetings

**Grandparents Raising Grandchildren**  
Council On Aging of West Florida  
875 Royce St.  
Pensacola, FL 32503  
**Second Thursday each month**  
**December 12 @ 6:00 p.m.**  
**Reservations Required**  
**850 432-1475**

**Huntington's Disease Family Support Group**  
Council On Aging of West Florida  
875 Royce St.  
Pensacola, FL 32503  
**December 14th @ 10:00 a.m.**

**Caregiver Support Group**  
Myrtle Grove Baptist Church  
5920 Lillian Hwy.  
Pensacola, FL 32506  
**Last Thursday each month**  
**No meetings in November or December**

**When Roles Are Reversed Support Group**  
Ochsner Novant 65 Plus  
1095 E Nine Mile Rd  
Pensacola, FL 32514  
850-558-4665  
**First Monday of each month**  
**December 4th @ 5:45 p.m.**