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Bruce Boxleitner

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Fall 2012

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PET/CT & Dr. Angel Saved My Life!

I had my first PET scan on April 29, 2003 with Dr. Angel Williamson. You see Dr. Angel had asked me to help her inform the public on WPNN News/Talk Radio, Wetr TV Channel 3 and BAPP TV about the importance of this new technology. I thought it would be a good idea to have the test myself, so I would know first hand what a PET scan was all about. Immediately after the test we met in her office and reviewed my scan together. I had the biggest shock of my life, when I was told positive for what turned out to be tongue cancer, when I had no symptoms! Well after having surgery, chemo-therapy and radiation and follow up PET/CT scans every six months, I am cancer free! I am so grateful for the care and loving kindness Dr. Angel has shown me. She follows with her patients right after each scan. Can you imagine the anxiety you would experience, if you were told you may have cancer and then told you would have to wait a week or more for results? Remember you have a choice? Choose the best. Angel Williamson Imaging Center. God Bless you Dr. Angel for your compassion.

Quotations! Call me anytime on my cell in Pensacola at 305-4598 or at home at 432-3674

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WPNN AM 790 News/Talk Radio

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Dr. Chun Chen

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I hope this issue of *Coming of Age* finds you enjoying the cooler fall temperatures. And speaking of cool, we at Council on Aging of West Florida are excited about gathering the area’s coolest cats, or in this case “Rats,” for our annual fundraiser, the Rat Pack Reunion. Special thanks to DeeDee Davis, chair of our board of directors, event chair Caron Sjöberg and the entire event committee for planning what will be the biggest party of the year. We also appreciate Lewis Bear Jr., Corbett Davis Jr., Richard McAlpin, Pete Moore and Frank Patti for allowing us the privilege of honoring them for their business leadership and service to our community. For complete details, please see page 26 and also visit www.ratpackreunion.com.

Of course, this fall also includes a major election. I encourage everyone to put partisanship aside and educate themselves on senior issues. There is an old saying that “If you don’t toot your own horn, no one will.” The same applies for voting in our own best interest. To make sure you are aware of what to expect at the polls and related deadlines, please see our advocacy article on page 10 by guest contributor and Council on Aging of West Florida board member Sonya Daniel, training and outreach coordinator, Escambia County Supervisor of Elections Office.

Also, in regard to looking out for our own interest, Council on Aging of West Florida board member, author and trainer Kathleen Logan will be facilitating a series of Life After Fifty educational seminars to help people prepare themselves financially, physically, mentally and practically so they can embrace their future with awareness and optimism. For details, please see page 20.

I would also like to welcome LeAnne Hamilton to our team as development director. Please see her article on page 13 for details on how we have transitioned our membership program in to a more inclusive Circle of Friends and created new ways to make giving easier.

Of course no issue of *Coming of Age* would be complete without an exclusive celebrity interview. *Coming of Age* caught up with Bruce Boxleitner, American actor and science fiction and suspense writer, to talk about his early acting days, his career as an author and his interest in space exploration.

Hope to see you at the polls, our Life After Fifty seminars and the Rat Pack Reunion 2012.

Until next time, enjoy life – you’ve earned it!

Jeff Nall, APR, CPRC
Editor-in-Chief
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BELIEVE it or not, the Presidential Election is less than two months away. Recently, the Escambia and Santa Rosa County Supervisors of Elections held a news conference stressing the importance of voter preparations for the November Election. “We are preparing and voters should too,” said David H. Stafford, Escambia County Supervisor of Elections. “We are faced with the longest ballot Escambia County has ever had.” Every voter in Escambia County will be issued two sheets (three ballot pages) with contests and amendments. This means it will take longer for the voting process—longer to issue the ballots, longer to mark the ballots, and a longer tabulation time. If a voter makes a mistake and must be issued a new ballot, this time is multiplied again. Santa Rosa County will also have a lengthy ballot.

The 11 constitutional amendments reinforce the importance that voters need to research the candidates and understand the issues ahead of time. Every voter will be mailed a sample ballot prior to the start of Early Voting. Voters should consider marking the sample ballot and bring it with them to vote.

If you are already registered to vote, please take a few minutes to know where you vote and be sure your information is current with the local Supervisor of Elections office. Voters can visit each county’s website or call the local Elections Office to verify that the most current information is on file with the Elections Office.

Voters who wish to avoid long lines on Election Day can request a ballot by mail (absentee ballot) or take advantage of Early Voting.
Dates to remember:
- September 22 is the deadline to mail absentee ballots to military and civilians stationed overseas.
- October 2 begins mailing of non-military absentee ballots locally and in the continental United States.
- October 9 is the last day to register to vote for the General Election.
- October 27 through November 3 is Early Voting from 7 am to 7 pm at multiple locations in Escambia and Santa Rosa counties.
- Escambia County added a fifth Early Voting site for the General Election.
  - SOE Office – 213 Palafox Place
  - SOE Annex – 292 Muscogee Road
  - Tryon Library – 1200 Langley Avenue
  - Southwest Library – 12248 Gulf Beach Highway
  - Downtown Library – 200 W. Gregory Street
- Santa Rosa County Early Voting sites
  - SOE Office – 6495 Caroline Street, Suite F
  - South Service Center – 5841 Gulf Breeze Parkway
- October 31 is the last day to request an absentee ballot be mailed. The local Elections Offices can answer questions to make sure every voter is prepared for the November 6th General Election.
- Escambia County: 850-595-3900 or visit www.EscambiaVotes.com
- Santa Rosa County: 850-983-1900 or visit www.santarosa.fl.gov/elections.
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Please Join our Circle of Friends

As I sit down to write this article with a blank page in front of me, I am reminded of a wonderful Eleanor Roosevelt quote that I once read, “Friends, you and me...you brought a friend...and then there were three...we started our group...our circle of friends...and like that circle... there is no beginning or end.” – Eleanor Roosevelt. Her graceful words have inspired generations and seemed most apropos to help us kick off our new Circle of Friends 2012 campaign.

For more than 20 years, Council on Aging of West Florida has been able to depend on our generous members for financial support through our annual membership campaigns. Their continued vote of confidence for our dedicated staff and the programs we provide for the community is unparalleled. It is for that support we will be eternally grateful. Without each and every one of you we would not be the agency we are today. Thank you.

As we look forward to the future and prepare for our continued financial success, we see the importance of growing our circle of support to include more friends, more investors and more clients served. We are all too aware of how aging and its effects touch us all. Whether it is you, a spouse or a parent that needs your help, you know how important it is to have a support system by your side – a circle if you will.
Since 1972, we have done our utmost to improve the quality of life for individuals and families coping with the challenges of aging. Board member Kathleen Logan may have said it best when she remarked, “There is no escaping aging issues. No one and no family is immune. If you or your family have not been affected, you will.” Truer words may have never been spoken.

It is for that reason that Council on Aging of West Florida has decided to move from the membership drives of the past to a more encompassing Circle of Friends campaign. We want to reach everyone in our community and invite them to get involved with our mission and to help us spread the word about our services. I challenge all of our past members, and future donors alike, to help us spread the word to their friends and family, to help us extend our circle of influence in the community and to make it their mission to help us with ours.

Unfortunately, it takes more than fired up volunteers and word of mouth to provide the resources that we provide our community. The harsh reality is that it takes money - money that our clients don’t have.

I have often struggled to find the one word that best describes Council on Aging of West Florida and recently I saw a note that Gulf Breeze Mayor Beverly Zimmern had written on a card sent to her friends that simply read, “This compassionate organization
needs our help.” Compassion. It really is that simple. If we, as a people, have real compassion for each other we must get involved and try to help the seniors in need of help in our community.

“Although you and I will hopefully never need the assistance of Council on Aging of West Florida, there are many seniors that depend on our services and programs for their very survival,” said Ed Turner, a board member and longtime volunteer. “I feel that it is my duty to help give back to the community that has given us so much.”

One new feature we are now able to provide donors is our monthly recurring gift option. By signing up for a monthly charge to your credit card, you will not only benefit from the convenience, you will be helping us reduce overhead costs and devote more resources to essential programs. Plus it’s easy!

Monthly gifts of as little as $10 can make a huge difference in the lives of seniors in need throughout our community. Fifty dollars a month adds up to as generous $600 at the end of a year and you will barely feel it in your checkbook.

Our board members and I want to invite you to join us in making the Circle of Friends fund campaign the most successful drive in our agency’s history! Please join us today by making a contribution to, and investment in, Council on Aging of West Florida.
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Mickey Rooney has enlightened many movie goers with his screen presence and conviction in all of his roles over his long and successful career as an actor. Today, Rooney finds himself in another role, except this is no act. Rooney has filed a lawsuit alleging he was verbally, financially and emotionally abused by his stepchildren. The reality is, elder abuse has become increasingly common over the past decade and has become a widespread issue in our society. Looking at elder abuse from a national scale, it spreads pretty far and wide. Within Escambia County, the number of reported elder abuse cases has also seen a rise since the past year.
According to chapter 415 of the Florida Statute, abuse refers to the act or threatened act of impairment to a person’s physical, emotional or mental health by a relative, caregiver or household member. Elder abuse also includes cases of self-abuse, financial abuse and neglect. In Florida, those who see, hear or who have fallen victim to elder abuse can call a 24/7 hotline to leave a confidential report that is investigated by the Department of Children and Families (DCF), which provides protective supervision to those in need. Carl Martin, DCF operations program administrator for Escambia, Santa Rosa, Walton and Okaloosa Counties, says the majority of people who call to report abuse are what they call “mandatory reporters,” which the state defines as doctors, providers, caregivers and those who are witnesses. Martin says that pretty much includes everyone.

A recent report showed an increase in reported elder abuse in Escambia County over the past year. Martin believes this number is more an indication that we are being proactive in our county and helping people report cases. “I’d like to think we are very good at reporting,” says Martin. “While it feels like a bigger increase in reports, it may just be the efforts of getting the word out.” Whether it is because there are more cases of abuse or an increase of reported abuse is unknown. The fact is elder abuse has become more visible to reporters and bystanders.
The Department of Children and Families held a seminar for World Elder Abuse Awareness Day on June 15 to assist caregivers and healthcare providers with ways to spot types of abuse and how to help and protect those in need. The department’s banquet room, which can comfortably hold 85 people per presentation, was overflowing. Caregivers and service providers from all over the county came to learn more about how to protect seniors by providing the elderly community with better safety at their homes, in facilities or anywhere they might encounter abuse. Escambia County’s proactive approach may inflate numbers a bit more between years, but the reason behind it may be for the better. In order to be preventative, this county has addressed the problem head on instead of brushing it under the rug.

Elder abuse is no longer a huge secret or taboo from which people shy away. With the teamwork of healthcare providers and caregivers as well as programs and services provided by the Council on Aging of West Florida, the battle against elder abuse might meet its match for once. For those who may be abused, you are not alone. If you are a victim of elder abuse or see any type of abuse discussed in this article taking place, please do not hesitate to call the hotline at 1-800–96ABUSE (1-800-962-2873).
Are you ready? As a group, those of us over 50 will live longer than previous generations, but will we live better? In their *Younger Next Year* books for men and women, Chris Crowley and Henry S. Lodge, M.D., caution, “Americans have achieved such staggering longevity that the real problem is outliving the quality of life, not running out of quantity.”

In October, Council on Aging of West Florida is sponsoring four seminars to help people prepare themselves financially, physically, mentally and practically, and you’re invited to attend. These are educational sessions designed to help you embrace your future with awareness and optimism.

**Session 1: Tuesday, October 2 “Financial Health after Fifty”**
People are concerned about their future. They ask: How much money do I need to retire? What’s the risk of outliving my money? How can I grow the money I have now? What are some “safe” investments? At what age should I start taking Social Security? These and other issues will be addressed by financial experts John Peacock and Robert Mills.

**Session 2: Tuesday, October 9 “Physical Health after Fifty”**
Nutritionist Dorothy Lee will talk about the impact of eating habits on longevity and quality of life. She’ll identify which foods to eat or avoid, and some ways to manage a healthy weight. Fitness expert Lorenzo Aguilar knows that the best anti-aging “medicine” is not a pill, but exercise. He’ll identify common injuries, how to prevent them, and ways to build bone density. He’ll also discuss effective exercise options and programs.

**Session 3: Tuesday, October 16 “Fulfillment after Fifty”**
So… you have money, eat well and exercise, but
what are you going to do with your life? Kathleen Logan, co-author of a book about growing a life that matters after 50, will discuss your opportunity for a “second life” by accepting this stage of life and the joys it offers. She’ll also cover attitude, dealing with change, “weeds” that can stunt your growth, and how to develop your personal life purpose statement.

Session 4: Tuesday, October 23 “Putting Things in Order” Being knowledgeable about local resources—whether for a loved one or potentially for yourself—reduces stress and can help avoid or minimize a crisis. You’ll learn about programs such as Senior Companions which lets seniors remain in their homes, and other living options. You’ll learn why and when you need a will or trust, and develop your “to do” list.

Help ensure your quality of life by attending any or all of these sessions. Attendance is limited to 30 per session.

• Who should attend: Men or women over age 50 (Reservations are required.)
• When: Tuesdays evenings in October, 5:30 pm – 7 pm.
• Where: Council on Aging of West Florida Adult Day Care Center, 875 Royce, Pensacola
• Cost: $10 per person per session

RSVP: Seating is limited. Call Council on Aging of West Florida today at 432-1475.
I’ve seen the miracle of everyday blessings

I’ve seen the breathtaking views of nature’s beauty from the ground at my feet, to the air 10,000 feet above. I’ve witnessed man land on the moon and the climactic rise of modern technology that has changed the world around me. I’ve marveled in amazement and awe at the birth of my children and I envision my future with many years of joy and astonishment as I watch my grandchildren grow.

Oh, the blessings I’ve seen and the blessings I’ve yet to see.

A. Carnley, Diabetic Retinopathy Patient

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For many people, especially seniors, reading the newspaper is as much a part of the morning routine as eating breakfast. However, if suddenly you were unable to see well enough to enjoy the paper along with your coffee, where would you turn?

In September 2011, WUWF Public Media stepped in to rescue a service that had been provided to the vision impaired in Pensacola by WSRE-TV for nearly two decades. Cuts in state funding for all public broadcasting had eliminated the grant that supported the SightLine program. WUWF’s leadership refused to let the service - which provides daily reading of the local newspaper and regional magazines for listeners with vision impairment or other difficulty reading – disappear from our community.

SightLine Celebrates First Year at WUWF Public Media

By Lynne Marshall, Director of Promotions & Outreach, WUWF Public Media
A group of local attorneys funded the $6,000 renovation of an office space at WUWF to make a dedicated studio for SightLine and within six weeks, WUWF staff had organized community volunteers to continue the community service.

Some things changed and some things remained the same. Listeners can still receive the signal via WSRE’s SAP (secondary audio programming) channel through a partnership between WUWF and WSRE to deliver SightLine to the community. In addition, WUWF carries the signal on 88.1 FM’s HD3 channel. This can be picked up with an HD (hybrid digital) radio. SightLine can also be found streaming online at wuwf.org (under Listen/Watch Now choose HD3).

When the Pensacola News Journal printed that WUWF would revive SightLine, numbers of listeners called prior to the first broadcast with thanks for continuing the service. One appreciative elderly gentleman remarked that SightLine had been his life-line since losing his vision to macular degeneration. He was able to continue his morning habit of listening to the newspaper even though he was unable to read it for himself.

Forty plus community volunteers have contributed more than 1,200 hours of time since September 2011 to read the Pensacola News Journal live each day – weekends and holidays, rain or shine – from 9-11 am. The News Journal is
Introducing our newest team member, renowned Director of Rehabilitation Sera Dunn, SLP

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Volunteer readers, many of them seniors themselves, arrive at the WUWF studios at 8 am and work in pairs or teams of three to number the articles and organize the reading for that day. They begin reading live at 9 am. Normally, volunteers come the same day each week and work with a regular team. No experience is necessary – just the ability to read aloud. If you think reading for SightLine might be of interest to you, please contact Lynne Marshall at 850.473.7428 or lynne@wuwf.org. Just say you’d like to come and observe one morning to see if it’s a good fit. We’d love to have you assist to keep this valuable community service growing.

COA

SightLine

rebroadcast noon – 2 pm, 9-11 pm and midnight to 2 am. The daily audio files are also archived for one week online at uwuf.org.

Other local programming includes Sunday Selections (both fiction and non-fiction books) on Sundays at 2 - 3 pm and a SightLine Children’s Hour on Saturdays at 2 pm. When locally produced programming is not being broadcast, SightLine carries Gatewave, a national service which provides audio versions of everything from Oprah Magazine to Rolling Stone to the New York Times. A program grid is available online at uwuf.org/sightline or by calling 474-2787.

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Last year, the Council on Aging of West Florida brought the inaugural Rat Pack Reunion to New World Landing in Pensacola. The night paid tribute to the original pack with a swanky evening of dinner, music and dancing. Attendees got the chance to dress up in their finest Rat Pack attire and enjoy the night’s entertainment, all while supporting the ongoing mission of the Council on Aging of West Florida.
This year’s Rat Pack Reunion will take place from 6 to 11 pm on October 26 at New World Landing in downtown Pensacola. It will still pay homage to Frank, Dean and the rest of the Rat Pack, but with just a few changes to the program from the inaugural event.

“The theme, dancing and entertainment will follow the success of last year’s inaugural event,” says event co-chair Caron Sjöberg. “We just want to try and improve on a fantastic and memorable evening.”

Last year’s “Big Cheese” honoree, Fred Levin, will be the master of ceremonies at this year’s event. Instead of a single guest of honor, the 2012 Rat Pack Reunion will have five honorees that will be celebrated throughout the night. Those five people are Lewis Bear, Jr., Corbett Davis, Jr., Richard McAlpin, Pete Moore, and Frank Patti. These five individuals have not only achieved success in business pursuits, but have invested repeatedly back into the greater community of northwest Florida.

Lewis Bear, Jr. has been the CEO of the Lewis Bear Company, a beverage distributorship, since 1985 after working his way up from a sales position and later to vice-president. He’s currently a member of several boards focusing on economic development to the area; he’s vice chair of the economic development board for the Greater Pensacola Chamber, board chair of the Pensacola Escambia Development Commission, and on the executive committee of Florida’s Great Northwest, a 16 county economic development organization. Additionally, Bear is a trustee for the University of West Florida, vice president of Arts, Culture and Entertainment, Inc. and a lifetime trustee of the Pensacola Museum of Art, among many other positions.

Bear has been married to Belle Bear for 46 years and the father of three and grandfather of four enjoys hunting and fishing when he isn’t working or fulfilling other responsibilities with various organizations.

Many know Pete Moore’s name from the auto dealerships he owns. Starting in 1981 with a brother and another business partner, Moore purchased the oldest Chevrolet dealership in the city, later relocating to New Warrington Road, buying out his partners, and purchasing Volkswagen and Mitsubishi franchises as well.

Pete Moore Automotive now employs more than 150 people and his business supports numerous organizations and causes in the community. The business and its team support area schools and youth sports teams as well as organizations like Covenant Hospice, the USO, ARC Gateway, the American Cancer Society.
and many others. Moore is married to Angela Ellis Moore and has four daughters and seven grandchildren. He enjoys biking, powerboating and exercising.

Honoree Corbett Davis Jr. is the president and co-owner, along with his son, of Jeweler’s Trade Shop, and is a certified gemologist with the Gemological Institute of America. A published author many times over, Davis is also a member of several boards including the Downtown Improvement Board, the Pensacola Museum of Art and a past board member of the Gulf Breeze Zoo. He’s married to DeeDee Davis and has one son and two grandchildren. He enjoys fly fishing, photography, writing and cooking, and has even published a cookbook.

Richard McAlpin boasts more than 30 years experience in commercial real estate development, specializing in hotel and condominium development. He has completed development projects from Pensacola to New Orleans, Jacksonville Beach and Daytona Beach and beyond. McAlpin was one of the original organizers and past chairman of the board of directors for the Gulf Coast Kids House and is currently president of The Gulf Coast Kids House Future Fund. He was co-chair for the 2004 Walk for Diabetes and the chair for the 2005 Walk. He is a member of the Pensacola Yacht Club, McGuire’s Irish Politician’s Club, and Delta Kappa Epsilon Club of New York City.

McAlpin provides scholarships for the Athletic Department at University of West Florida, and coaches kids at the Creative Learning Academy and the Gulf Breeze Sports Association.

Frank Patti is the owner of Joe Patti Seafood Company, which his father Joe started in 1933. Frank took over the company after his father’s death in 1992, and has since led the top tourist attraction and standout fish market to record sales and expanded visibility. A consumate professional and a great Gulf Coast character, Frank is often found working the fish counter, much to the delight of his patrons. Frank has the sea in his heart and his great love of ships led him to open Patti Shipbuilding in 1979. Patti Shipbuilding specializes in the quality construction of the vessels, from the fishing industry, the towing industry, the gaming & excursion industries, and the Corp. of Engineers.

Mr. Patti regularly supports a variety of community organizations including high school football teams, tee ball, veterans and military groups, Girl Scouts, Brownies, the Teen Challenge program and the Knights of Columbus.

Each of these honorees will be celebrated throughout the night in a unique way for the enjoyment of guests.

The evening’s musical entertainment will be renowned Frank Sinatra tribute artist Tom Tiratto. Guests might think they’re hearing
the original “Old Blue Eyes,” with Tiratto's pitch-perfect Sinatra-esque vocals. Tiratto has sung to live audiences all over the world, including *The Tonight Show with Jay Leno*. Tiratto will be joined by a full orchestra that will perform swing and pop hits from Sinatra’s collection. The event is black tie or Rat Pack-style wear, and will include a gourmet Italian dinner along with the dancing and entertainment.

Join Council on Aging of West Florida for a lavish night of dining and dancing while honoring five deserving individuals from the local community and supporting a worthy cause. Tickets are $100 per person.

The Council’s mission is to lead the community in advocacy and services for the aging and those involved in their lives, like caregivers and family members.

“Rat Pack is one hundred percent entertainment—definitely not your run-of-the-mill fundraiser!” Sjoberg says. “The Rat Pack committee is going to great lengths to ensure that this will be an unforgettable experience for everyone. And at the end of the day, the event will help to raise funds to help our local seniors.”

For tickets and more information visit ratpackreunion.com or call 432-1475 ext. 305.
Known widely for his roles in *The Scarecrow and Mrs. King*, *How the West Was Won* and the Disney *Tron* series, Bruce Boxleitner’s boyish charm and warm smile are instantly recognizable. Born in Elgin, Illinois, Boxleitner discovered his talent for acting in his high school drama club. Encouraged by his drama teacher, Boxleitner applied and was accepted to the Goodman Theatre School of Drama of the Art Institute of Chicago. Boxleitner worked in theatre in New York City before deciding to try his hand in television in Los Angeles. He landed his first role on *The Mary Tyler Moore Show* in 1973. That appearance led to a number of small roles in classic shows like *Gunsmoke* and *Barretta* and to a recurring role in *Hawaii Five-O*. His breakout role came in the 1977-79 mini-series *How the West Was Won*, where he played Luke Macahan. Later, Boxleitner landed leading roles in two very popular shows, *The Scarecrow and Mrs. King* and *Babylon 5*. Boxleitner has appeared in more than 30 TV shows and over 40 movies, and he is the author of two science fiction novels, *Frontier Earth* and *Searcher*. 
Boxleitner’s prolific resume and professionalism landed him a seat on the National Board of Directors of the Screen Actors Guild, on which he served for eight years. Additionally, his deep love of the space program led him to an appointment on the National Space Society Board of Governors in 1998.

In his personal life, he is well known for his 16-year marriage to Melissa Gilbert, which ended in 2011. Boxleitner has two sons from his first marriage and one son and one stepson with Melissa Gilbert.

Boxleitner resides in Los Angeles where he enjoys working, reading, hiking, travelling and waking up.

COA had the distinct pleasure of speaking with Mr. Boxleitner about his career, his passion and his future plans.

COA: Hi, Bruce. Can you tell me a little bit about your upbringing and what inspired you to get into acting?
BB: I started because I was a big kid in high school and I was looking for something to do. I had always been interested in movies and television, but never that interested in theatre because I’d never had much exposure to it. I walked into an audition my sophomore year. I’d tried out for basketball and didn’t make it. I liked playing baseball and tried out for it. I didn’t make that either. I was very disheartened and I wanted to do something other than just school in high school. So I walked into the audition—it’s kind of almost a cliché, but there were a lot of girls in drama guild (laughs). It was Agatha Christie’s Ten Little Indians and Then There Were None. I got the role of the young hero in it. I think that sort of started it. I had fun. It was a great group of kids and a terrific drama teacher who would later become very important in my life. At the end of my high school career, she encouraged me because she saw I’d discovered that I loved acting. You know, I realized that “They like me.” Anyway, I was bitten by the bug right there. I was in the Midwest, in Northern Illinois, outside of Chicago. There was no theatrical history in my family. No one had ever done anything like that. It was all new to me, but it was something I really enjoyed doing and was intrigued by. It was something that I had to do. How I was going to go about it, I had no idea. So I went from there to just about every play we did.

COA: I understand that you were unprepared for your first musical performance. Someone got sick, and you went on?
BB: That was a little later. That was certainly a big challenge for a high school kid, though. I was a chorus line guy in that, and we had an actor in the drama guild that was a very good singer and that was mainly what he did. He was more of a musical actor, and I wasn’t. But I was the only other sort of leading man they had. I understudied the part of Harry Higgins in My Fair Lady only because there was nobody else, and I never thought fate would hand me this. On opening night, our leading man got very ill, and I had to go on for him. I had rehearsed maybe once and I watched him. I was a chorus guy. I had no real responsibility in the show other than to be in the crowd scenes and I was suddenly thrust into the role of the male lead. I had about four hours of rehearsal and I had the scripts strategically hidden all over the stage and I knew enough of the lines. So I talked-sang like Rex Harrison did in the movies and I sort of talked those songs through and it kind of worked and it was a very harrowing experience, but I got to woo the leading lady and she became my girlfriend after that. I was a big hero there. I carried it off, and the audience loved it. I was in shock and I was the hero of the drama guild at that point.

COA: Hearing you talk about it, I wonder what you think about shows like Glee where they make high school drama clubs more popular.
BB: Oh! I know! But it was nothing like that. My drama guild was nothing like what they portray in Glee. I wish we all were singers like that. That was a very formative time for me. My teacher, she saw something in me, and she said, "You need to continue with this." I had no idea how. My parents didn’t know how. We did a lot of plays at school. This particular group was a very prolific group of kids. Two went on to be screenwriters, some became actors, and one became a comedy writer. One later developed the shows Barney Miller and Night Court. We went on to win the State of
Illinois Drama Contest against every other school in the state. We did Robert Bolt’s *Man for all Seasons*. We did Shakespeare. We did everything. My teacher was a wonderful inspiration to me. She helped me go from high school to the Goodman School of Drama. I eventually became a professional actor after that. I was very young—18 or 19. I joined the professional theatre after my schooling there. I did theatre in Chicago and I ended up going to New York to lead in a Broadway show. It all started from there.

**COA:** How did you get into television? I know you had some early appearances on *The Mary Tyler Moore Show*.

**BB:** Yes, that was literally my first job in Hollywood. I only had a few lines. I guess you could go online and find it, too. I was haunted by that (laughs). I was in New York, I had taken this part in a play that I starred in and it died. It had been popular in Chicago and in Washington D.C. When we got to Broadway, it was another whole experience. I worked for a guy named Ted Danson. I don’t know whatever happened to him (laughs). The show didn’t have quite the success that it had had in Chicago and D.C, but it got me seen by a big agency. That was one of the biggest struggles for an up and comer was getting an agent—someone that believes in you. They saw me in this thing and eventually I realized that in New York at that time—well, I would never have made it in *Glee*. I wasn’t a singer or dancer. I was an actor. You needed singing skills to make it on Broadway. I did some summer stock and met some Hollywood people and they all said, ‘You ought to go to Los Angeles.’ So, they planted this seed in my head. I was pounding the pavement from audition to audition in New York and I kept going up for movies with a very famous agency—Marion Dougherty Associates. I went up for kid parts, young guy parts, and *almost* got just about everything. They would eventually cast the lead out in Los Angeles. I was always the second guy they wanted. I realized I was in the wrong place. I always loved television. I liked movies, but television was where I wanted to go. So I did. I can actually say that I achieved that. They gave me an agent to look up in Los Angeles. So, luckily, I had an agent when I came out here. I was persistent. I was a new face and I had nothing on film. The only thing they care about is what you look like on film. They don’t care if you did *Richard III* on Broadway. If you didn’t have any movie film or television film on you, they were not interested. So I had to get that footage. I went up for everything. Eventually I landed this part on *Mary Tyler Moore*. What a thrill that was. This was a very popular show. To actually be on it was thrilling. There was a live audience and three cameras. I was kind of used to that with my theatre experience, being in front of that. I got my SAG card with that. It took

*Bruce Boxleitner and Jerry Doyle from Babylon 5.*
my entire paycheck. You had to break in somewhere. Someone had to give you a chance. And that was my first. I did *Gunsmoke* after that. I was sort of a CBS kid there. I did *Hawaii-Five-O* and I eventually started doing small parts. I came up that way. Finally, the show *How the West Was Won* at ABC, about two years later, gave me my big break. I was very fortunate and I came on at a time when the adults were the stars and the kids and family are supporting cast. Now, it’s reversed, the kids are the stars and the adults are the support.

**COA:** You mentioned your SAG card. You were on the SAG board of directors, correct?

**BB:** I was for eight years, but no longer. You can only serve so long on those things.

**COA:** I always wonder how actors feel about the popularity of reality TV and how it’s changing your profession.

**BB:** This actor? I’m not a fan of reality TV. It's not reality. You put a camera in front of someone and say it's unscripted. But it is scripted. It has to be. You can't put the camera in front of someone and make a television show. It has to be scripted. I love that facade that they put on originally, but I'm not a fan of it. It's put my generation mostly out of work. I am a television actor, and I've been in many feature films. It's very disparaging, particularly to my age group. It's harder anyways because of ageism in television. We have to fight for the scraps. I don't want to sound bitter, but it's the truth. I see the same group of guys for every audition. I have hundreds of hours of film on me. They want to see what I look like now, because they are too young to remember. I used to hear about these things when I was a young actor; this is what I had to look forward to. I’d sit with some older actor on the set. It's the logical progression of things; I'm fortunate to keep working. Reality TV has changed television. These so-called celebrities—the Kardashians make me puke. I don't understand celebrities who are famous for just being famous. What is their talent? What brought them to this? I don't mind variety shows, which have been a staple of television. These are talent shows. I don't mind those at all, because there is truly something about talent. So far as network television that I came up on, it’s very disheartening. I understand that that is the market, and that they have to be in it or they die.

**COA:** It's interesting with the Kardashians. Nobody seems to like them, but they seem to have staying power.

**BB:** I despise them. I don't mind openly saying it. I don't understand them. These people and the *Jersey Shore*, this is the dumbing down of America. It's just my opinion and people can like me or hate me for it. It's the dumbing down of our culture. It's so bad. On a little side note—when I was on the board of the Screen Actors Guild, I chaired this committee on which, if you were a SAG member you would be brought before us for some sort of infraction of the rules. I remember Paris Hilton, at the height of her 'celebritante' was brought in because someone had laid charges against her that were completely false. It was obvious that someone was just looking for money. The case was completely unfounded. I remember meeting Paris Hilton. She was the person representing the reality TV genre—the "who are these people?" I found her to be a very charming and sweet person. I felt sort of sorry for her. This is the risk of being in the public eye. We dismissed the whole bloody thing. She was very polite and thankful. I'm not trying to say all of these people are venal or terrible people. It's just the way our society has gone, I guess. Where private life is portrayed openly on Twitter and Facebook and TV shows. It's not my generation.

**COA:** Let's talk about *Tron* a little bit. Almost thirty years between the films?

**BB:** Yes. Almost 30 years. Now I'm doing the newest incarnation of this. *Tron: Uprising* animated series.

**COA:** I wanted to ask about working with Jeff Bridges. How was that?

**BB:** Well, in the second one, I didn't get to do anything with him, but it was an absolute thrill to see him again. He's a great guy. He's playing the great roles for guys our age. I worked with his father when he was around my age now. We worked together on *How the West was Won*. That
was a huge thrill. I know Beau and his family, and Jeff. I feel like one of the Bridges’ boys that nobody talks about (laughs). I feel like a brother to them, I do. *Tron* was a great experience and he was part of the reason I accepted the role in the original. He was a contemporary and I loved what he was doing. It was thrilling to get the opportunity to work with him. He was a young movie star at the time. I didn’t do many movies, so when I got the opportunity, I knew he was already tied to the project and that was definitely a selling thing—I get to work with Jeff Bridges. I’ve always been a fan, and I’ll always be a friend.

**COA:** You seem to have a big interest in science fiction. You write some as well?

**BB:** I did. I’m a published author.

**COA:** What is your attraction to that genre?

**BB:** Well, the genre is limitless in its imagination and for the imagination. I’m so glad to see that with our generation it has finally grown up and been accepted. It wasn’t before. It was considered kind of geekish. Look at pop culture now. It’s been accepted. Here in Hollywood, science fiction is a huge mainstay of our viewing and our pop culture. It wasn’t always so. In the past it was something on the fringe and childish. Steven Spielberg’s generation of filmmakers brought it to the forum. It’s a huge staple of our viewing and reading. I’ve always enjoyed it. I like Westerns even more. That’s just a genre that I grew up with. It was very prominent when I was a young boy. It formed my imagination. It gave free reign to it. In science fiction there were no limits either. I am a little leery of the vampire and zombie thing. I wish we would get back to the science fiction. Using our imagination to consider the future and how it’s going to be. I grew up with *Star Trek.* I consider my roles in *Tron* and *Babylon 5* very important.

**COA:** You are also involved in the National Space Society.

**BB:** I was. I’m not so much anymore. I was when I was doing *Babylon 5.* They were tremendous fans of our show because we were doing some groundbreaking things on television by portraying the actual science of space. I got to know people at NASA. It was very thrilling.

**COA:** Did they give you any insight?

**BB:** They were always fascinated by how we portrayed things. We were always fascinated by how they would actually do things. We exchanged a lot of ideas and personalities.

**COA:** What do you see as the future of space travel?

**BB:** I’m disappointed. I think we should be a lot further along. I think that what is exciting is the future of privatizing space. I don’t want to see NASA gone. I’m disappointed in how the current administration is not space friendly. I don’t want to get into politics. I hate to see how NASA was at the forefront of it. I grew up with the space race. I’m that age group. We watched the Mercury astronauts. I see young kids who believe this hogwash about how we never really went to the moon. I know Buzz Aldrin personally and he’s a tremendous hero to me, and the world. I never got to meet Neil Armstrong. These guys were dedicated and they sacrificed and they went on probably the greatest adventure man has ever done. The future of mankind is out there. One day we will have to leave this rock. People don’t realize it. You and I won’t live to see that. Maybe younger generations will. This place could turn into what Mars is today. I think it’s in us. We are explorers. We explored this entire planet. We need to take care of this planet, I believe that, but I also think that we need to get out there. Privatizing space is the future. Using the old west metaphor—it wasn’t the army that expanded, it was people loading up in wagons to start new lives elsewhere. Then the army and the government followed. It was the people who expanded. Never rely on government, they can mess things up worse than anything. I truly believe that.

**COA:** I'm not sure if you are familiar with us in Pensacola. We have Naval Air Station Pensacola and we just opened a flight academy for kids. It's affiliated with the base. It teaches kids about flight and space exploration and the science of it all.

**BB:** Good, Good, Good.

**COA:** How important do you feel it is for us to teach children these skills?
BB: I truly believe in it. We need to keep this going, especially for the younger generation. They are the future pioneers that I am talking about—and their children and grandchildren. We have these hiccups now—war and the economy. I don't want to see the space program cut because of these things. I would love to see our population, once again, focus on the future. It has affected everything on Earth today. The communications and computers all came from the space program. These things in our lives that we consider modern conveniences got their start there. If you have an iPhone, you have more on the iPhone than was on the entire Apollo program. Buzz and Neil didn't have any of this when they landed on the moon and the entire world was watching. It may be hard for you to believe, but that day that man walked on the moon, the world stopped. Every human being had the realization that someone was landing. We did it. The Russians were right behind us. Every country has space programs now. The Chinese are way ahead of us right now. I just hate to see us fall from where we were in the world's community. We all need to be participating in this. We are all human beings. This is important for mankind. You know that plaque on the moon that Buzz and Neil planted? We were involved in Vietnam and the world was worried about the militarization of space. It says, "We men of Earth come here in the name of peace." That's why Neil Armstrong was the first man to touch the moon because he was not a military man. Aldrin was a colonel. Armstrong was a civilian. We went to great lengths to make sure that people wouldn't consider America as trying to be militant about the moon landing.

COA: You played a naval officer on NCIS?
BB: I played all sorts of military officers. In Babylon 5, I play a military officer. We had militarized space on that show (laughs). It was called Earth Force.

COA: Pensacola is a Navy town. I was wondering if you learned anything about the duties and attributes of Naval officers from the roles you've played.
BB: In 2000, I landed on the USS Abraham Lincoln at sea, as a guest of the USN. I flew in an F-16 as a guest of the USAF. I'm a big proponent of our military and our military people and I bless them for everything they do for us and for the sacrifices they make. Naval
Aviation? I saw it right up close and personal—about 100 miles of the coast of Baja, California. I stayed two nights on the USS Abraham Lincoln. It was an amazing experience. I was thrilled and I also had to catapult off of that thing to go home.

COA: You've done so many different roles and have so many acting credits. Is there one role that was particularly challenging for you?
BB: In terms of hard work, maybe it was Scarecrow and Mrs. King. Kate Jackson and I had to carry that show. The workload was the challenge. We did 21 episodes a season, and tried to keep it fresh. Unfortunately, Katie became ill in 1987 and we had to quit the show. She had breast cancer, which in the 80s was something that you did not mention. We had to go off the air. But it was very hard work. People don't realize how long the hours you spend doing that. I was with her longer than my wife and kids those days. I would say it was challenging in that way. The success or failure was on our backs. The writers as well, obviously. That was tough, but it was a fun show.

COA: The fame?
BB: Tron had just come out. Television was still my most successful medium. Dealing with that, having to go out on the weekends and promote the film—the press stuff. There was tons of that. I didn't have a big series before that, only 17 episodes. I had to carry that. Those two things were my hardest. I was much younger and I had the energy for it. I had to hit the ground a lot. Fight scenes. Physical roles, those were challenges.

COA: I know you did some work ABC's GCB. There were some funny ladies on that show.
BB: It was terrific. I'm sorry that it didn't get picked up. Leslie Bibb, Kristen Chenoweth, Annie Potts, Miriam Shor, all of them were just terrific. I was only in five episodes. I played Uncle Burl. I had a great part. I'm just sorry they didn't get to continue. And Annie Potts, who I'd never met before, I love her work. And I worked with her a great deal. She's a great comedic actress.

COA: You've worked with a lot of folks. Do you have a favorite female co-star?
BB: I can't answer that! They would get jealous! Everyone is going to get insulted!

COA: Oh, come on!
BB: I had the great fortune of working with some absolutely lovely television stars. Jane Seymour, Linda Evans, Kate Jackson, oh my. I've been fortunate. I'll put my ex-wife in there, too, Melissa Gilbert. I'm not some bitter old divorced guy. We did a couple movies together, TV movies. Her first job back from having our son, Michael,
was on *Babylon 5*. I've been very fortunate. I love them all.

**COA:** The upcoming *Tron: Uprising* is animated, so you are a voice actor. How did you feel about this?

**BB:** I loved it a lot. I want to do more of it. I think with the Disney folks, I couldn't be in a better place. They do so many animated films. I enjoy that work. I enjoy it a great deal. I don't have to get all dressed up to do it. It's still a challenge, it's acting. Believe me it is, trying to play different characters. With the Tron character, I've got the older, more battle-weary and seasoned Tron. I'm working with Elijah Wood, Lance Henrikson, Paul Rudd, a huge cast of people on this thing. Great people. Everybody brings great quality to this work. It's very exciting. We don't call them cartoons anymore. This is like an animated feature film. They are very serious about it.

**COA:** You mentioned your children earlier. Have any of your children gone into show business?

**BB:** All of them have. My three sons are all in the business. My stepson is not. My youngest son, Michael, is already an actor in the theatre. He was with his mother on a national tour of a musical for almost a year. He's going to finish high school and then concentrate on the business. As the son of an actor and actress, I think it's in his genes already. My oldest son, Sam, is an actor; he was in the music business for many years. My son, Lee, is a technical engineer. He's done 25 movies already—television movies for the Hallmark Channel. He works for them in the sound department. He directs his own features as well. You can find their work on Youtube, they are called the “Sons of Tron.” It's not easy. They did grow up on TV and movie sets.

**COA:** We are a magazine for mature adults. You are in your 60s and you look great. Do you have any secrets for aging well?

**BB:** Everything in moderation. I try to eat well. I get a lot of exercise. Being an actor, you do have a lot of time, so I keep working out. I do an hour every other day on my rowing machine. I'm an avid hiker and biker, although mountain biking is becoming very treacherous. I love to hike and power-walk and swim. I believe in getting off the couch. It's too easy. You get to be sedentary. I'm in my sixties now, I feel vibrant and alive. I'd never want to go back.

**COA:** Besides physical activities, what are some of your other hobbies?

**BB:** I'm an avid reader. I collect antiques. I used to have horses. I had horses for 20 years. I kind of like that, in this time of my life, I'm unloading stuff rather than collecting. I've been a packrat for so long, this is a good time to get free of material stuff. I want to be able to go out my door and not come back for weeks on end. I don't have pets anymore. Well, I'm trying to sell a house as a matter of fact. I'm very comfortable. I did all that. I raised children. I had a lot of responsibilities. I had a ranch, and I'd love to go back to that. But the responsibilities worked you into the ground so much so that I don't want to have to keep that up. I fed everybody. I clothed my loved ones. I did it. I've done it. Everyone is all grown up. I love them all. They are all healthy, good people. I love to travel. I've been a month home from Italy. I'd never seen Rome. I love history, and there is no better place than Rome. I want to travel more.

**COA:** What is your idea of a perfect day?

**BB:** Waking up. My idea of a perfect day is showing up on a set anywhere and working. I've been doing this for about 40 years. I enjoy it now, more than ever. When I do get a job, I love it.

**COA:** Will you retire someday?

**BB:** If I'm up and healthy, I'll work. There is always a need for some old geezer. I'll play a good grandfather or what have you. I am reliable and I'm in good health. As long as you have your health.

**COA:** If you love what you are doing...

**BB:** Exactly. I don't feel like stopping now. In my business, I mean, look at Betty White. She's an inspiration for all of us. I can point to any number of actors my age that are still working. I think I've got something to give yet.
Volunteer and Staff Recognition

Adult Day Health Care Volunteer Pati Bryan was recently selected for the 2012 Volunteer Award by the National Adult Day Services Association (NADSA). Pati has volunteered at our Adult Day Health Care Center two days a week for the last 10 years. Pati is a hands on volunteer and can be found caring for clients, leading activities, planting flowers, helping in the kitchen and much, much more. Pati is such an asset to our agency and an example of committed, selfless volunteering. Pati will be accepting the award at NADSA’s annual conference in Pittsburgh this month.

The Home Builders Association of West Florida (HBA) was recognized at the recent Florida Conference on Aging for its work to expand our Adult Day Health Care Center. The HBA was presented with the Service to Seniors by an Organization Award, one of four awards presented as part of the Florida Council on Aging/Florida Power & Light Quality Senior Living Awards program. The Service to Seniors by an Organization Award is presented annually to a business, private or public organization that does not have service to older adults in Florida as its primary focus. The purpose of the program is to recognize individuals and organizations whose efforts have improved the quality of life of older Floridians. The award was accepted by HBA board member Shelby Johnson on behalf of the association.

President & CEO John B. Clark was recently installed as the president of the Florida Association of Aging Services Providers (FASP) at the Florida Conference on Aging. FASP is the statewide organization that represents the full array of direct service providers in aging, including case management, nutrition, senior centers, adult day care and volunteers. Its mission is to support and advocate for public and non-profit organizations engaged in the provision of community-based services to Florida’s elders to improve their quality of life. Clark served as FASP president from 1992-94. Clark is also a past president of the Florida Council on Aging, which is committed to serving Florida’s diverse aging interests through education, information-sharing and advocacy.

Jeff Nall, vice president of communication and development, was recently installed as state president of the Florida Public Relations Association (FPRA) at its recent annual conference. Its nearly 1,300 members represent a variety of different organizations including private and public corporations, government entities, not-for-profits, counseling firms and independent practitioners. As a statewide association, FPRA provides a variety of services, benefits and opportunities dedicated to the success of its public relations professionals from continuing education, professional accreditation, monthly professional development programs, professional recognition and annual conference. FPRA, the nation’s oldest public relations organization, will celebrate its 75th anniversary under Nall’s leadership.

Council on Aging of West Florida recently earned three awards in the 21st annual National Mature Media Awards Program. The program, presented by the Mature Market Resource Center, a national clearinghouse for the senior market, recognizes the nation’s finest marketing, communications, educational materials, and programs designed and produced for older adults. Awards won were a Silver Award for the 2011 Rat Pack Reunion in the special event marketing category, a Merit Award for the Winter 2011 issue of Coming of Age in the publications/editorial category and a Merit Award for its YouTube channel, www.youtube.com/coawfla, in the social media category. Council on Aging of West Florida has received National Mature Media Awards annually since 2007. Nearly 1,000 entries are judged annually by a distinguished panel of mature market experts from across the United States for overall excellence of design, content, creativity and relevance the senior market.
the Rat Pack Reunion 2011 Sponsorship Package. The competition is conducted annually to recognize outstanding public relations programs in Florida and to encourage and promote the development of public relations professionalism in our state. The Golden Image Awards have become a standard of public relations excellence in the state of Florida.

New Faces
LeAnne Hamilton recently joined our team as development director. Hamilton is responsible for increasing philanthropic gifts, special event sponsorships and awareness of private-pay services. Hamilton has over 15 years of successful non-profit fundraising experience as well as experience in specialty pharmaceutical sales. Hamilton is a graduate of Lambuth University in Jackson, Tennessee and an active member of the West Florida Chapter of the Association of Fundraising Professionals.

Lisa Schachle recently joined our team as Senior Companion/Foster Grandparent/R.E.L.I.E.F. Director. Schachle is responsible for the overall administration of the programs in accordance with established federal/state guidelines. Her duties also include monitoring and assisting with participant recruitment and placement as well as developing relationship and coordinating efforts with participating stations. Schachle is a graduate of Loyola University in New Orleans, Louisiana. Most recently, Schachle worked for the Escambia County Board of County Commissioners.

Giving Just Got Easier!
To be more inclusive and provide more giving options, we are transitioning from an annual membership-type structure to a Circle of Friends. One new option is the online ability to set up automatic monthly recurring pledge-type gifts by credit card at www.coawfla.org. Donations may still be made by mail or phone. Additional ways you can help throughout the year include tribute gifts such as memorials or honorariums, including us in obituaries as an “in lieu of flowers” memorial alternative, attending special events, end-of-year gifts, planned giving and bequests, and facilitating company matching gifts. For more information on giving options, please contact LeAnne Hamilton at lhamilton@coawfla.org or 850-266-2513.

Thanks to the Plein Air Painters of Pensacola
We would like to once again thank the members of the Plein Air Painters of Pensacola who have loaned their artwork to create a soothing, home-like atmosphere at our adult day health care center. The group rotates out loaned artwork on a quarterly basis, keeping the facility fresh and fostering stimulating conversations among our participants. Thanks to all of the artists who have shared their talent and their hearts with us.

Caregiver Support Groups
Our monthly support groups are provided to support all caregivers. These support group are designed to reduce stress, increase coping skills, provide strategies for effective management of care giving tasks and enable caregivers to provide high quality care in the home. Attendance is free and new members are welcome to join at any time.

Milton
1st Thursday - 6 pm
St. Rose of Lima Catholic Church
6451 Park Avenue

Century
3rd Thursday - 6 pm
Century Care Center
6020 Industrial Boulevard.

Pensacola
Last Thursday - 6 pm
Council on Aging of West Florida
875 Royce Street

Grandparents Raising Grandchildren and Other Relatives Support Groups
An increasing number of seniors and other relatives are taking on primary childrearing responsibilities. In Florida, 7.1 percent of children in the state live in grandparent-headed households. There are another 86,000 plus Florida children living in households headed by other relatives.

Pensacola
2nd Thursday 6 pm
Homewood Suites
5049 Corporate Woods Drive
Dinner is provided through Homewood Suites’ evening Manager’s Reception.

Gulf Breeze
4th Tuesday - 6 pm
Oriole Beach Elementary School,
1260 Oriole Beach Road
A light dinner is provided at 5:30 pm.
Are You Ready? - Four Keys to a Healthy and Fulfilling Life after Fifty
Tuesday evenings in October
5:30 – 7 pm.
Council on Aging of West Florida Adult Day Care Center, 875 Royce, Pensacola. $10 per person per session
Council on Aging of West Florida is sponsoring four seminars to help people prepare themselves financially, physically, mentally, and practically, and you’re invited to attend. These are educational sessions designed to help you embrace your future with awareness and optimism
• Oct. 2 “Financial Health”
• Oct. 9 “Physical Health”
• Oct. 16 “Fulfillment after Fifty”
• Oct. 23 “Putting Things in Order”
Seating is limited. Please call 432-1475 ext. 305 for advance payment and reservation.

Creating a Better Place to Live: How to Organize for Environmental & Community Change
Saturday, October 20
10 am – 3:00 pm. Registration begins at 9:30 am
Wright Place, 6 East Wright Street, Pensacola
Earth Ethics, Inc. in partnership with Sustainable Town Concepts will host “Creating a Better Place to Live.” The workshop will feature instruction by local and regional leaders who have led successful campaigns on various environmental and community issues. Some of the topics covered include: how to inspire your community to action, effective public speaking, how to organize a campaign for change, communicating with elected officials, and much more. Registration Fees (includes lunch) Early: Now through Oct. 15 - $10 per person. Please make checks payable to Earth Ethics, Inc. and mail to Earth Ethics, Inc. P.O. Box 37006 Pensacola, FL 32526. Late: After Oct. 6 and at the door - $15 per person (Cash, debit/credit only at the door. No Checks Accepted.) For more information, visit www.earthethics.us or call 549-7472.

2012 Greek Festival of Pensacola
October 12, 13 and 14th
Friday from 11 am-10 pm, Saturday from 11am- 10 pm, and Sunday from 12 noon - 6 pm.
Annunciation Greek Orthodox Church of Pensacola, 1720 West Garden Street, Pensacola
Admission to the festival is free of charge. The Pensacola Greek Festival has become one of the area’s signature fall festivals. The three-day cultural event provides an opportunity for the Pensacola Greeks to share their heritage, culture and faith with the local community. Like a visit to Greece, the Pensacola Greek Festival offers a rich, multi-sensory experience of Greek hospitality and culture. Savory cuisine, soulful music, lively dancing, and educational tours transform the church grounds into a three day “glendi” (celebration). A portion of this year’s proceeds benefit Council on Aging of West Florida.
Thanks Greek Festival!

Megan Smolenyak Genealogical Seminar
Saturday, November 3
9 am-4 pm with registration/check-in at 8 am
Washington High School, 6000 College Parkway, Pensacola. Early registration: cost $35 for West Florida Genealogical Society members and $40 for nonmembers before October 20. $45 after October 20 and at the door.
The West Florida Genealogical Society will present its Fall Seminar on November 3, 2012 featuring the popular author, speaker and genealogist, Megan Smolenyak. Topics of the four lectures are “Right Annie, Wrong Annie”; “Trace Your Roots with DNA”; in the morning sessions and “Find that Obituary! Online Newspaper Research” and “Honoring Our Ancestors” in the afternoon. Mrs. Smolenyak is a well-known author and speaker on genealogy.
Humana 2013 Medicare Advantage plans are here!

“Well, it’s a good plan. I think it’s a comfort zone for me, cause they’re there when I’m feeling ill and they’re there when I’m feeling well.”

Mary B. – Humana Gold Plus® (HMO) member

Humana has a full range of Medicare Advantage plans. Find out more about which one could be right for you.

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1-800-372-2380 (TTY: 711)
8 a.m. to 8 p.m., seven days a week

DON’T FORGET! The Medicare Advantage annual enrollment dates are Oct. 15 – Dec. 7.*

Humana is a Medicare Advantage organization with a Medicare contract. A sales person will be present with information and applications. This is an advertisement. For accommodation of persons with special needs at sales meetings, call 1-800-372-2380 (TTY: 711), 8 a.m. to 8 p.m., seven days a week. *Some exceptions apply.
WERE YOU SEEN?

...at Gallery Night downtown Pensacola

Corbett Davis, Jr.
John and Doris Opdyke

Kevin Watts, Greg St. Laurent
Angela Delisle, Bob Delisle, Anne and Dave Hickerson

Cindy and Sam Wells, Hazel and Mike Whitacre.
Neil Caspersen and Tom Smith
Gosport NAS official newspaper winner of the 2011 Thomas Jefferson Award for “Metro Format News”
Thank You

for supporting Council on Aging of West Florida

Many thanks to our generous donors.
May 19 - September 10, 2012
We appreciate your support.

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Dr. and Mrs. David Aronson
Eleanor Aspliden
Audrey Baldwin
Barbara Barfield
Dick and Bonnie Bedics
Mrs. Emily Bell
Mrs. Joy Boreland
Joe Brazile and Ruth Porter
Captain and Mrs. John Brick
Jack and Ann Brown
Dr. Joanne Bujnoski
Ursula and Bill Carney
Wayne and Alice Cartee
Charity Chapel
John B. Clark
Corry Station Chapel
Diana Cotita
Sonya Daniel
Elaine Davis
Norma C. Davis
Morris and Norma Eaddy
Emily H. Eddins
James Edwards
Renee Eilen
First United Methodist Church
David and Vicki Fairleigh
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Jeff Nall
Naval Aviation Memorial Chapel
Protestant Community
Tanya and Lauren Nelson
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Joyce Nobles
Our Lady of Loreto Catholic Community, NAS
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Julie Tippins Parker
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Barbara J. Yohanan
Councilman P.C. Wu
Mr. and Mrs. Steven Ziemba
Gulf Breeze Mayor Beverly Zimmern

In Memory of Sara Grace Cooley Crews
By: Elizabeth Cooley and Justin Nelson

In Memory of Christine Deuell
By: James and Vicki Kittrell
By: Lee and Wanda Garrett

In Memory of Lois Hawley
Aaron Hawley and LeAnne Hamilton

In Memory of Herb Hulbert
By: Larry and Sarah Mosley

In Memory of Bill McGinty
By: Brandell Flores
By: Mr. and Mrs. Donald Hand
By: The Daisy Garden Club
By: The Milestone Aquatic Club

In Memory of Mr. and Mrs. Byron Nall and Mr. and Mrs. Royce Hall
By: Jeff Nall and Kelle Lovelace

In Memory of Jesse Nicholson
By: Mrs. Virginia Nicholson
By: Mr. and Mrs. Wesley Chavers
By: Bruce and Frances Tidd
By: Mr. and Mrs. Ray Wertz
By: Mr. and Mrs. Aaron Phillips

In Honor of LeAnne Hamilton
By: Gulf Breeze Mayor Beverly Zimmern

Yes! I want to support our community elders by donating to the Council on Aging of West Florida.

I have enclosed a check in the amount of: $____ Or change my one time gift to the amount of: $____

Please print name(s) as you would like it to appear in donor recognition. I prefer that my gift be made anonymously.

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Please return to: Council on Aging of West Florida Post Office Box 17066 Pensacola, FL 32522-7066
Council on Aging of West Florida is a not-for-profit organization and 100% of your donation is retained by this organization. Council on Aging of West Florida is a 501(c)(3) organization, tax-exempt number 59-1373939. Your donation is tax deductible to the extent allowed by law. A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL FREE 1-800-435-7352, IN THE STATE OF FLORIDA, REGISTRATION NUMBER CH201. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE.
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