


Santa Rosa County Senior Dining Site Activities

October

2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>	3 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>	4 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>	5 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>	6 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 
9 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>	10 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Art Class 7) Tai Chi	11 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>	12 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Speaker: Tammy: Organ Donation 7) Tai Chi 1) Speaker: Nutrition	13 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Free Mercy
16 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 	17 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Art Class 7) Tai Chi	18 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Speaker: Tammy Ward Organ Donation	19 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Tai Chi 3) Speaker: Nutrition	20 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>
23 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>	24 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Art Class 5) Speaker: Nutrition	25 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Speaker: Nutrition	26 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Tai Chi	27 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>
30 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>	31 1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>  Happy Halloween!		 	 <i>"Improving the quality of life for elders" since 1979</i>

Santa Rosa County

Site 1

Christ United Methodist
5983 Dogwood St.
Milton, FL 32570
Meal Serve Time 11:00

Suite 3

Chumuckla Community
Center
2355 Hwy 182 West
Jay, FL 32565
(850) 994-8811
Meal Serve Time 11:00

Site 5

E. H. Pullum Senior Center
8476 Gordon Goodin Ln.
Navarre, FL 32566
Open Monday—Thursday
(850) 936-1644
Meal Serve Time 11:00

Site 7

Bagdad Community Center
6860 Pooley St.
Bagdad, FL 32530
(850) 983-4500
Meal Serve Time 11:00

CAREGIVER SUPPORT GROUPS

@ 9:00 a.m.

Myrtle Grove Baptist
Church
5920 Lillian Hwy.

Grandparents Raising Grandchildren

@ 6:00 p.m.

Council On Aging of West
Florida
875 Royce St.
Pensacola, FL
Reservations Required
432-1475

1st Thursday each month

Holley – Navarre

Intermediate School
1936 Navarre School Rd

**NO MEETING
UNTIL FURTHER
NOTICE**

Huntington's Disease Family Support Group

Oct. 14th @ 10:00 a.m.
875 Royce St.
Pensacola, FL 32505
10:00 AM

