

Santa Rosa County Senior Dining Site Activities **February** 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
			1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Tai Chi	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 
6	7	8	9	10
1,3,5,7 Mon-Fri <i>Open for SIT DOWN MEALS</i> 3) Bingo	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Art Class 7) Tai Chi 1) Trivia w/MJ	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Bingo 7) <i>Speaker: Nutrition</i>	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 7) Tai Chi/Activity w/MJ 1) Speaker: SCP/FGP 5) Speaker: Nutrition	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Bingo 7) Free Mercy
13	14	15	16	17
1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 1) Speaker: Nutrition 3) Art Class 7) Tri Chi	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Speaker: FGP/SCP 7) Tai Chi	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 
20	21	22	23	24
1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Art Class 7) Tai Chi	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Speaker: Nutrition 7) Tai Chi	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i>
27	28		7	
1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 	1,3,5,7 Mon-Fri <i>Open for SIT DOWN Meals</i> 3) Art Class 7) Tai Chi	 		

Santa Rosa County

Site 1

Christ United Methodist
5983 Dogwood St.
Milton, FL 32570
Meal Serve Time 11:00

Suite 3

Chumuckla Community
Center
2355 Hwy 182 West
Jay, FL 32565
(850) 994-8811
Meal Serve Time 11:00

Site 5

E. H. Pullum Senior Center
8476 Gordon Goodin Ln.
Navarre, FL 32566
Open Monday—Thursday
(850) 936-1644
Meal Serve Time 11:00

Site 7

Bagdad Community Center
6860 Pooley St.
Bagdad, FL 32530
(850) 983-4500
Meal Serve Time 11:00

CAREGIVER SUPPORT GROUPS

Feb 23rd 9:00 a.m.
Myrtle Grove Baptist
Church
5920 Lillian Hwy.

Grandparents Raising Grandchildren

6:00 p.m. Feb 9th
Council On Aging of West
Florida
875 Royce St.
Pensacola, FL
Reservations Required
432-1475

1st Thursday each month

Holley – Navarre
Intermediate School
1936 Navarre School Rd
**NO MEETING
UNTIL FURTHER
NOTICE**

Huntington's Disease Family Support Group

875 Royce St.
Pensacola, FL. 32505
Feb 11th 10:00 AM

